

Convex inequalities, isoperimetry and spectral gap

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Index

Index

1. Convex inequalities

Index

1. Convex inequalities

- ▶ From Hölder to Prekopa-Leindler inequalities
- ▶ Brunn-Minkowski inequality
- ▶ C.Borell's inequality

Index

1. Convex inequalities

- ▶ From Hölder to Prekopa-Leindler inequalities
- ▶ Brunn-Minkowski inequality
- ▶ C.Borell's inequality

2. Isoperimetric inequalities

Index

1. Convex inequalities

- ▶ From Hölder to Prekopa-Leindler inequalities
- ▶ Brunn-Minkowski inequality
- ▶ C.Borell's inequality

2. Isoperimetric inequalities

- ▶ Log-concave case, Cheeger isoperimetric type inequalities
- ▶ Cheeger versus Poincaré inequalities
- ▶ E. Milman's theorem

Index

1. Convex inequalities

- ▶ From Hölder to Prekopa-Leindler inequalities
- ▶ Brunn-Minkowski inequality
- ▶ C.Borell's inequality

2. Isoperimetric inequalities

- ▶ Log-concave case, Cheeger isoperimetric type inequalities
- ▶ Cheeger versus Poincaré inequalities
- ▶ E. Milman's theorem

3. Kannan-Lovász-Simonovits spectral gap conjecture

Index

1. Convex inequalities

- ▶ From Hölder to Prekopa-Leindler inequalities
- ▶ Brunn-Minkowski inequality
- ▶ C.Borell's inequality

2. Isoperimetric inequalities

- ▶ Log-concave case, Cheeger isoperimetric type inequalities
- ▶ Cheeger versus Poincaré inequalities
- ▶ E. Milman's theorem

3. Kannan-Lovász-Simonovits spectral gap conjecture

- ▶ KLS estimate, through Milman's theorem
- ▶ Gaussian case
- ▶ Other conjectures:
 - ★ Slicing problem
 - ★ Thin shell width conjecture

Part I. Convex inequalities

Convex inequalities: Hölder's

- Given $f, g : \mathbb{R}^n \rightarrow \mathbb{R}_+$ and $0 \leq \lambda \leq 1$

$$\int_{\mathbb{R}^n} f(x)^{1-\lambda} g(x)^\lambda dx \leq \left(\int_{\mathbb{R}^n} f(x) dx \right)^{1-\lambda} \left(\int_{\mathbb{R}^n} g(x) dx \right)^\lambda .$$

Convex inequalities: Hölder's

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- Case: $f = \chi_A$, $g = \chi_B$, $(A, B \subseteq \mathbb{R}^n)$,
we have

$$|A \cap B|_n \leq |A|_n^{1-\lambda} |B|_n^\lambda \quad \forall 0 \leq \lambda \leq 1$$

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$$|A \cap B|_n \leq |A|_n^{1-\lambda} |B|_n^\lambda \quad \forall 0 \leq \lambda \leq 1$$



$$|A \cap B|_n \leq \min\{|A|_n, |B|_n\}.$$

Reverse

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We cannot reverse it in general:

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However ... Instead of

$$\int f^{1-\lambda} g^\lambda$$

we can use the sup-convolution

$$\int f^{1-\lambda} *_\text{sup} g^\lambda$$

Given $f, g : \mathbb{R}^n \rightarrow \mathbb{R}_+$ and $0 \leq \lambda \leq 1$

$$f^{1-\lambda} *_{\text{sup}} g^\lambda(z) := \sup_{z=(1-\lambda)x+\lambda y} f(x)^{1-\lambda} g^\lambda(y)$$



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This function is not necessarily measurable, but we can consider its exterior integral:

$$\int_{\mathbb{R}^n}^* f^{1-\lambda} *_{\text{sup}} g^\lambda(z) dz = \inf \left\{ \int_{\mathbb{R}^n} h(z) dz : f^{1-\lambda} *_{\text{sup}} g^\lambda(z) \leq h(z) \right\}$$

Prekopa-Leindler's inequality

Let $f, g, h : \mathbb{R}^n \rightarrow \mathbb{R}_+$ such that, for some $0 \leq \lambda \leq 1$,

$$f(x)^{1-\lambda} g(y)^\lambda \leq h((1-\lambda)x + \lambda y) \quad \forall x, y \in \mathbb{R}^n$$

\Downarrow

$$\left(\int_{\mathbb{R}^n} f(x) dx \right)^{1-\lambda} \left(\int_{\mathbb{R}^n} g(y) dy \right)^\lambda \leq \int_{\mathbb{R}^n} h(z) dz$$

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$$\left(\int_{\mathbb{R}^n} f(x) dx \right)^{1-\lambda} \left(\int_{\mathbb{R}^n} g(y) dy \right)^\lambda \leq \int_{\mathbb{R}^n} h(z) dz$$

Hence, reverse Hölder's inequality

$$\left(\int_{\mathbb{R}^n} f(x) dx \right)^{1-\lambda} \left(\int_{\mathbb{R}^n} g(y) dy \right)^\lambda \leq \int_{\mathbb{R}^n}^* f^{1-\lambda} *_\text{sup} g^\lambda(z) dz$$

Proof: Dimension $n = 1$

Let $A, B \subseteq \mathbb{R}$ be **non-empty** compact sets. Then

$$|A + B|_1 \geq |A|_1 + |B|_1$$

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Let $A, B \subseteq \mathbb{R}$ be **non-empty** compact sets. Then

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Indeed,

$$A + B \supseteq (\min A + B) \cup (A + \max B)$$

and

$$(\min A + B) \cap (A + \max B) = \min A + \max B,$$

\Downarrow

$$|A + B|_1 \geq |\min A + B|_1 + |A + \max B|_1 = |A|_1 + |B|_1$$

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$$|A + B|_1 \geq |A|_1 + |B|_1$$

W.l.o.g. $\|f\|_\infty = \|g\|_\infty = 1$.

Given $0 \leq t < 1$, since

$$\{x \in \mathbb{R} : h(x) \geq t\} \supseteq (1 - \lambda)\{x \in \mathbb{R} : f(x) \geq t\} + \lambda\{x \in \mathbb{R} : g(x) \geq t\}$$

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$$\begin{aligned} \int_{\mathbb{R}} h(x) dx &\geq \int_0^1 |\{h \geq t\}| dt \geq (1 - \lambda) \int_0^1 |\{f \geq t\}| dt + \lambda \int_0^1 |\{g \geq t\}| dt \\ &\geq \text{(by the arithmetic-geometric mean inequality)} \\ &\geq \left(\int_{\mathbb{R}} f(x) dx \right)^{1-\lambda} \left(\int_{\mathbb{R}} g(x) dx \right)^\lambda \end{aligned}$$

Induction for $n > 1$

Fix $x_1 \in \mathbb{R}$, let $f_{x_1} : \mathbb{R}^{n-1} \rightarrow [0, \infty)$ be $f_{x_1}(x_2, \dots, x_n) = f(x_1, \dots, x_n)$.

Whenever $z_1 = (1 - \lambda)x_1 + \lambda y_1$,

$$h_{z_1}((1 - \lambda)(x_2, \dots, x_n) + \lambda(y_2, \dots, y_n)) \geq f_{x_1}(x_2, \dots, x_n)^{1-\lambda} g_{y_1}(y_2, \dots, y_n)^\lambda$$

for all $(x_2, \dots, x_n), (y_2, \dots, y_n) \in \mathbb{R}^{n-1}$.

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for all $(x_2, \dots, x_n), (y_2, \dots, y_n) \in \mathbb{R}^{n-1}$.

By the induction hypothesis

$$\int_{\mathbb{R}^{n-1}} h_{z_1}(\bar{z}) d\bar{z} \geq \left(\int_{\mathbb{R}^{n-1}} f_{x_1}(\bar{x}) d\bar{x} \right)^{1-\lambda} \left(\int_{\mathbb{R}^{n-1}} g_{y_1}(\bar{y}) d\bar{y} \right)^\lambda$$

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Applying again the inequality for $n = 1$ and Fubini's theorem we obtain the result.

Consequences. 1. Case: $f = \chi_A$, $g = \chi_B$, $A, B \subseteq \mathbb{R}^n$

Brunn-Minkowski inequality

Let A, B two Borel sets in \mathbb{R}^n . For any $0 \leq \lambda \leq 1$

$$|A|^{1-\lambda}|B|^\lambda \leq |(1-\lambda)A + \lambda B| \quad (1)$$

or equivalently

$$|A|^{\frac{1}{n}} + |B|^{\frac{1}{n}} \leq |A + B|^{\frac{1}{n}} \quad (2)$$

whenever $A \neq \emptyset \neq B$.

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- (1) \implies (2)

$$A' = A/|A|^{\frac{1}{n}} \quad B' = B/|B|^{\frac{1}{n}} \quad \lambda = |B|^{\frac{1}{n}}/(|A|^{\frac{1}{n}} + |B|^{\frac{1}{n}})$$

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- (2) \implies (1)

$$|(1-\lambda)A + \lambda B|^{\frac{1}{n}} \geq (1-\lambda)|A|^{\frac{1}{n}} + \lambda|B|^{\frac{1}{n}} \geq |A|^{\frac{1-\lambda}{n}}|B|^{\frac{\lambda}{n}}.$$

(by the arithmetic-geometric mean inequality)

2. Log-concave measures

A measure (or probability measure) $d\mu(x)$ in \mathbb{R}^n is **log-concave** if

$$d\mu(x) = e^{-V(x)} dx$$

where $V : \mathbb{R}^n \rightarrow (-\infty, \infty]$ is a convex function.

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Examples

- Lebesgue measure
- uniform measure on K , convex body in \mathbb{R}^n (compact, convex with non empty interior)
- exponential measure, $d\mu(x) = e^{-|x|} dx$
- Gaussian measure, $d\mu(x) = \frac{1}{(\sqrt{2\pi})^n} \exp\left(-\frac{|x|^2}{2}\right) dx$

Brunn-Minkowski inequality for log-concave probabilities

Any log-concave probability μ on \mathbb{R}^n satisfies Brunn-Minkowski inequality
i.e.,

$$\mu((1 - \lambda)A + \lambda B) \geq \mu(A)^{1-\lambda} \mu(B)^\lambda$$

for any $A, B \subseteq \mathbb{R}^n$ borelians and any $0 \leq \lambda \leq 1$.

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Proof.

We take $f(x) = \chi_A(x)e^{-V(x)}$, $g(y) = \chi_B(y)e^{-V(y)}$ and

$$h(z) = \chi_{(1-\lambda)A + \lambda B}(z)e^{-V(z)}$$

then we apply Prekopa-Leindler inequality. □

3. Isoperimetric inequality in \mathbb{R}^n

$$\frac{|\partial A|^{\frac{1}{n-1}}}{|A|^{\frac{1}{n}}} \geq \frac{|S^{n-1}|^{\frac{1}{n-1}}}{|B|^{\frac{1}{n}}}$$

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$$|\partial A| = \liminf_{t \rightarrow 0} \frac{|A^t| - |A|}{t}$$

$$A^t = \{x \in \mathbb{R}^n; d(x, A) \leq t\} = A + tB$$

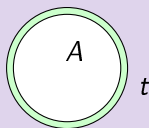
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Proof.

$$\begin{aligned} |A^t| - |A| &= |A + tB| - |A| \\ &\geq \left(|A|^{\frac{1}{n}} + t\omega_n^{\frac{1}{n}} \right)^n - |A| \\ &= nt|A|^{\frac{n-1}{n}} \omega_n^{\frac{1}{n}} + o(t) \end{aligned}$$

Hence

$$\begin{aligned} |\partial A| &= \liminf_{t \rightarrow 0} \frac{|A^t| - |A|}{t} \\ &\geq n|A|^{\frac{n-1}{n}} \omega_n^{\frac{1}{n}} \end{aligned}$$

and then

$$\frac{|\partial A|^{\frac{1}{n-1}}}{|A|^{\frac{1}{n}}} \geq \frac{|S^{n-1}|^{\frac{1}{n-1}}}{|B|^{\frac{1}{n}}}$$



C. Borell's inequality

Let μ be a log-concave probability in \mathbb{R}^n . Then for all symmetric convex sets $A \subseteq \mathbb{R}^n$ with $\mu(A) \geq \theta \geq \frac{1}{2}$

$$\mu(tA)^c \leq \theta \left(\frac{1-\theta}{\theta} \right)^{1+\frac{t}{2}} \quad \forall t > 1$$

For instance, if $\mu(A) \geq 2/3$,

$$\mu(tA)^c \leq \frac{1}{2} \exp\left(-\frac{t \log 2}{2}\right) \quad \forall t > 1$$

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- There is exponential decay of the mass for $(t > 1)$ -dilations of A symmetric, with absolute constants

Proof.

It is a consequence of

$$A^c \supseteq \frac{2}{t+1}(tA)^c + \frac{t-1}{t+1}A$$

and Brunn-Minkowski

$$1 - \theta \geq \mu(A^c) \geq \mu((tA)^c)^{\frac{2}{t+1}} \mu(A)^{\frac{t-1}{t+1}}$$



Reverse Hölder and exponential decay of seminorms

There exist absolute constants $C_1, C_2 > 0$ such that for any log-concave probability on \mathbb{R}^n and for any seminorm $f : \mathbb{R}^n \rightarrow [0, \infty)$ we have

$$i) \left(\int f^p d\mu \right)^{\frac{1}{p}} \leq C_1 p \int f d\mu, \quad \forall p > 1$$

$$ii) \mu \left\{ x \in \mathbb{R}^n : f(x) \geq C_2 t \int f d\mu \right\} \leq 2 \exp(-t \log 2), \quad \forall t > 0.$$

Proof of i)

Since any seminorm is integrable we can assume $\int f d\mu = 1$. Let $A = \{f < 3\}$. By Markov's inequality $\mu(A) \geq 2/3$.

$$\mu\{f \geq 3t\} = \mu(tA)^c \leq \frac{1}{2} \exp\left(-t \frac{\log 2}{2}\right), \quad t > 1$$

Let $p > 1$

$$\begin{aligned} \int f^p d\mu &= \int_0^3 p t^{p-1} \mu\{f > t\} dt + \int_3^\infty p t^{p-1} \mu\{f > t\} dt \\ &\leq 3^p + 3^p \int_1^\infty p s^{p-1} e^{-2s} ds \leq (C_1 p)^p \end{aligned}$$

for some absolute constant $C_1 > 0$ and i) follows.

Proof of ii)

Assume $\int f d\mu = 1$.

By Markov's inequality, taking $p = t \geq 1$

$$\begin{aligned}\mu\{f > 2C_1 t\} &= \mu\left\{\frac{f}{2C_1 t} > 1\right\} \leq \int \frac{f^t}{(2C_1 t)^t} d\mu \\ &\leq \frac{(C_1 t)^t}{(2C_1 t)^t} = e^{-t \log 2}\end{aligned}$$

For $0 < t \leq 1$, the trivial bound 1 makes the job.

Moments

Case $f(x) = |x|$, we use $\mathbb{E}_\mu |x|^p = \int |x|^p d\mu$

- $(\mathbb{E}_\mu |x|^p)^{\frac{1}{p}} \leq C_1 p \mathbb{E}_\mu |x| \quad \forall p > 1$

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- $$\mu\{|x| \geq C_2 t \mathbb{E}_\mu |x|\} \leq 2 \exp(-t), \quad \forall t > 0.$$

- Paouris (2006) improved the inequality:

$$(\mathbb{E}_\mu |x|^p)^{\frac{1}{p}} \leq C \max\{\mathbb{E}_\mu |x|, p\lambda_\mu\}$$

where $\lambda_\mu = \sup_{\theta \in S^{n-1}} (\mathbb{E}_\mu |\langle x, \theta \rangle|^2)^{\frac{1}{2}}$

$$\mu\{|x| \geq Ct \mathbb{E}_\mu |x|\} \leq \exp\left(-3 \frac{t \mathbb{E}_\mu |x|}{\lambda_\mu}\right)$$

for $t \geq 1$ (it is stronger)