

Dra. Rocío de la Vega, PhD
Curriculum Vitae

Investigadora Ramon y Cajal
Departamento de Personalidad, Evaluación y Tratamiento Psicológico
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Formación

- 2004-2009 Licenciada en Psicología, Universidad de Málaga, España.
- 2009-2010 Master en Tratamientos Psicológicos y de la Salud, Universidad de Málaga, España.
- 2010-2011 Master en Psicología de la Salud, Universidad de Málaga, España.
- 2010-2014 Doctora en Psicología, programa de doctorado en “Salud Mental: Genética y Ambiente”, Universidad Rovira i Virgili, España. Cum laude; mención International.

Becas y contratos

- 2010-2014 Beca predoctoral FPI. PSI2009-12193 Evaluación y tratamiento psicológico de pacientes con dolor crónico generalizado: desarrollo y evaluación preliminar de un protocolo de intervención administrado mediante telefonía móvil inteligente.
- 2015-2017 Becaria postdoctoral Beatriu de Pinós. University of Washington, Department of Rehabilitation Medicine, Seattle, EEUU.
- 2017- 2020 Investigadora postdoctoral, Seattle Children's Research Institute. Seattle, EEUU.
- 2020 - 2025 Investigadora Ramón y Cajal. Contrato RYC2018-024722-I.

Proyectos de investigación

Completados

- 2012-2015 PSI2012-32471 iPAINS: A System for Creating and Managing Online Cognitive-Behavioral Treatments for Chronic Pain in youth. Spanish Ministry of Economy and Competitiveness. 87.750€. (Co-investigadora).
- 2016-2019 PSI2015-70966-P Development of a portable neurofeedback system for the treatment of adolescents and young adults with chronic pain. Spanish Ministry of Economy and Competitiveness 93.896€ (Co-investigadora).
- 2018-2019 Hearst Foundation Fellowship Awards. Mechanisms of change in eHealth psychological treatments for chronic pain in adolescents. Center for Child Health, Behavior & Development. Seattle Children's Research Institute. \$10.000 (Investigadora Principal).

Docencia

Clases y cursos

- 2012-2014 Profesora ayudante de la asignatura “Psicología de la salud” Grado de Psicología. Universitat Rovira i Virgili.
- 2013-2014 Profesora ayudante de la asignatura “Nuevas tecnologías en Psicología clínica y de la salud”. Master en psicología de la salud. Universitat Rovira i Virgili.
- 2020 - Profesora de la asignatura “Psicopatología general”. Grado de Psicología. Universidad de Málaga.
- 2020 - Profesora de la asignatura “Psicología de las diferencias humanas”. Grado de Psicología. Universidad de Málaga.

Supervisión de investigación

- 2013-2014 Co-supervisora de Irene Ginés Polo TFM "Pain and Insomnia in adolescents and young adults". Master en psicología de la salud. Universitat Rovira i Virgili.
- 2016-2017 Co-supervisora de Patricia Gutierrez TFM “Improvement of sleep quality using a Smartphone-based CBT treatment”. Master en psicología de la salud. Universitat Rovira i Virgili.
- 2018-2019 Co-supervisora de Elena Rodríguez Carbonell TFM “Evaluation of the Effectiveness of a Self-Administered App-Based Treatment to Improve the Quality of Sleep in Adults”. Master en psicología general sanitaria. Universitat Rovira i Virgili.
- 2019 Co-supervisora de Sacha Moufarrej TFG “Validation of a Brief Adolescent Insomnia Screening Questionnaire for Youth with Headache”, University of Washington, EEUU.

Responsabilidades editoriales

- 2018-2019 Editora invitada del número especial “Resilience Resources in Chronic Pain Patients: The Path to Adaptation” en la revista “Frontiers in Psychology”.
- 2021 - Editora Asociada para *Frontiers in Pain Research*, sección *Pediatric Pain*.
- 2021 - Comité Editorial en la Revista Escritos de Psicología.

Revisora de revistas científicas (regular y ad hoc)

BMC Medical Informatics, Children, Clinical Practice in Pediatric Psychology, International Journal of Environmental Research and Public Health, Journal of Applied Biobehavioral Research, Journal of Medical Internet Research, Journal of Pediatric Psychology, Pain, Pain Reports, Pediatrics, Psychology and Health, The Clinical Journal of Pain, The Journal of Pain.

Responsabilidades Internacionales

PICH (Pain In Child Health).

- 2018- 2020 Representante de estudiantes.
2020 – Faculty member.

Sociedad de Psicología Infantil (División 54 de la American Psychological Association)
2019- Miembro del comité Internacional (representando a España).
Sept 2020 – Directora en funciones del comité internacional.

EPPN (European Pediatric Psychology Network)
2020 – Miembro del comité de dirección.

Responsabilidades nacionales

2020- Miembro del banco de expertos de la Agencia Estatal de Investigación (AEI),
Ministerio de Ciencia e Innovación.

2021 – SED (Sociedad española de dolor). Miembro del grupo de trabajo en dolor
infantil.

Distinciones y premios

- 2012 1er accésit. Premio Fundación FF y Ciencia-SER al mejor proyecto de
investigación sobre fibromialgia 2012.
- 2013 Premio mHealth - Mobile World Capital Barcelona (Concedido por la aplicación
“Painometer v2”). Otorgado en las IV Jornadas R+D+I en Tic i Salut. Premios.
- 2014 Premio Talento Joven - Fundación Príncipe de Girona (Concedido por Proyecto
“Fibroline”). Otorgado en las V Jornadas R+D+I en Tic i Salut. Premios.
- 2014 1er accésit. Premio Fundación Grünenthal a la investigación en dolor. Otorgado
al artículo: “Painometer: a Smartphone application to assess pain in
- 2014 Premio del Consell Social de la Universitat Rovira i Virgili a las mejores ideas
emprendedoras. Otorgado por la spin-off WellTech. (4,000€)
- 2014 Ayudas R2B de la Universitat Rovira i Virgili para la valorización del
conocimiento. Otorgado a la spin-off WellTech. (11,000€)
- 2014-2015 Premio Extraordinario de Doctorado, Universitat Rovira i Virgili.
- 2018 Becas-ayuda FED BF2-18-11
- 2019 Premio al mejor poster del congreso de la ISRII, International Society for
Research on Internet Interventions.

Publicaciones científicas

Manuscritos en revistas con revisión por pares ORCID: orcid.org/0000-0002-2517-6948

1. **De la Vega, R.**, Miró, J. (2013). The assessment of sleep in pediatric chronic pain sufferers.
Sleep Medicine Reviews, 17(3), 185-192.
2. **De la Vega, R.**, Roset, R., Castarlenas, E., Sánchez-Rodríguez, E., Solé, E., Miró, J. (2014).
Development and testing of Painometer: a Smartphone application to assess pain
intensity. Journal of Pain, 15(10):1001-7.

3. **De la Vega, R.**, Miró, J. (2014). mHealth: a strategic field without a solid scientific soul. A systematic review of pain-related apps. *Plos One*, 9(7).
4. Jensen, M.P., Tomé-Pires, C., Solé, E., Racine, M., Castarlenas, E., **de la Vega, R.**, Miró, J. (2014). Assessment of Pain intensity in clinical trials: individual ratings vs composite scores. *Pain Medicine*. 16(1), 141-148.
5. Castarlenas, E., Sánchez-Rodríguez, E., **de la Vega, R.**, Roset, R., Miró, J. (2015). Agreement between verbal and electronic versions of the numerical rating scale (NRS-11) when used to assess pain intensity in adolescents. *Clinical Journal of Pain*, 31(3), 229-34.
6. Racine, M., Castarlenas, E., **de la Vega, R.**, Tomé-Pires, C., Solé, E., Miró, J., Jensen, M.P., Moulin, DE., Nielson, WR. (2015). Sex differences in psychological response to pain in patients with fibromyalgia syndrome. *Clinical Journal of Pain*, 31(5), 425-32.
7. Jensen, M.P., Castarlenas, E., Tomé-Pires, C., **de la Vega, R.**, Sánchez-Rodríguez, E., Miró, J. (2015). The Number of Ratings Needed for Valid Pain Assessment in Clinical Trials: Replication and Extension. *Pain Medicine*, 16(9), 1764-72.
8. Castarlenas, E., **de la Vega, R.**, Tomé-Pires, C., Solé, E., Racine, M., Jensen, M.P., Miró, J. (2015). Student Expectations of Peer and Teacher Reactions to Students with Chronic Pain: Implications for Improving Pain-related Functioning. *Clinical Journal of Pain*, 31(11), 992-7.
9. **De la Vega, R.**, Tomé-Pires, C., Solé, E., Racine, M., Castarlenas, E., Jensen, M.P., Miró, J. (2015). The Pittsburgh Sleep Quality Index: validity and factor structure in young people. *Psychological Assessment*, 27(4), e22-7.
10. Sánchez-Rodríguez, E., **de la Vega, R.**, Castarlenas, E., Roset, R., Miró, J. (2015). An App for the Assessment of Pain Intensity: Validity Properties and Agreement of Pain Reports When Used with Young People. *Pain Medicine*, 16(10), 1982-92.
11. Solé, E., Tomé-Pires, C., **de la Vega, R.**, Racine, M., Castarlenas, E., Jensen, M.P., et al. (2016). Cognitive Fusion and Pain Experience in Young People. *Clinical Journal of Pain*, 32(7), 602-8.
12. Solé, E., Racine, M., Castarlenas, E., **de la Vega, R.**, Tomé-Pires, C., Jensen, M.P., Miró, J. (2016). The Psychometric properties of the Cognitive Fusion Questionnaire in adolescents. *European Journal of Psychological Assessment*, 32(3), 181-186.
13. Miró, J., Castarlenas, E., **de la Vega, R.**, Solé, E., Tomé-Pires, C., Jensen, M.P., et al. (2016). Validity of three rating scales for measuring pain intensity in youths with physical disabilities. *European Journal of Pain*, 20(1), 130-7.
14. Castarlenas, E., **de la Vega, R.**, Jensen, MP., Miró, J. (2016). Self-Report Measures of Hand Pain Intensity: Current Evidence and Recommendations. *Hand Clinics*, 32(1), 11 – 19.

15. Sánchez-Rodríguez, E., Tomé-Pires, C., Castarlenas, E., **de la Vega, R.**, Galán, S., Jensen, M.P., Miró, J. (2016). Assessing Pain Anxiety in Adolescents: Further Evidence for the Utility of the Child Pain Anxiety Symptoms Scale. *Clinical Journal of Pain*, 32(12), 1094–1099.
16. Sánchez-Rodríguez, E., Castarlenas, E., **de la Vega, R.**, Roset, R., Miró, J. (2017). On the electronic measurement of pain intensity: can we use different pain intensity scales interchangeably? *Journal of Health Psychology*, 22(13), 1658-1667.
17. Galán, S., **de la Vega, R.**, Tomé-Pires, C., Racine, M., Solé, E., Jensen, M.P., Miró, J. (2017). What are the needs of adolescents and young adults after a cancer treatment? A Delphi study. *European Journal of Cancer Care*. 26(2), e12488.
18. **De la Vega, R.**, Roset, R., Galán, S., Miró, J. (2018). Fibroline: a mobile app for improving the quality of life of young people with fibromyalgia. *Journal of health Psychology*. 23(1), 67-78.
19. **De la Vega, R.**, Racine, M., Sánchez-Rodríguez, E., Tomé-Pires, C., Castarlenas, E., Jensen, M.P., Miró, J. (2016). Pain extent, pain intensity, and sleep quality in adolescent and young adults. *Pain Medicine*. 17(11), 1971-1977.
20. Miró, J., **de la Vega, R.**, Solé, E., Racine, M., Jensen, M.P., Galán, S., Engel, J.M. (2017). Defining Mild, Moderate, and Severe Pain in Young People with Physical Disabilities. *Disability and Rehabilitation*, 39(11), 1131-1135.
21. Galán, S., **de la Vega, R.**, Miró, J. (2018). Needs of adolescents and young adults after cancer treatment: A systematic review. *European Journal of Cancer Care*, 27 (6), e12558.
22. **De la Vega, R.**, Racine, M., Sánchez-Rodríguez, E., Solé, E., Castarlenas, E., Jensen, M.P., ... Engel, J. (2016). Psychometric properties of the short form of the Children's depression inventory (CDI-S) in young people with physical disabilities. *Journal of Psychosomatic Research*, 90, 57–61.
23. Jensen, M.P., Tomé-Pires, C., **de la Vega, R.**, Galán, S., Solé, E., Miró, J. (2017). What determines whether a pain is rated as mild, moderate, or severe? The importance of pain beliefs and pain interference. *Clinical Journal of Pain*, 33(5), 414-421.
24. Tomé-Pires, C., Solé, E., Racine, M., **de la Vega, R.**, Castarlenas, E., Jensen, M.P., Miró, J. (2016). Use of Hypnotic Techniques in Children and Adolescents with Chronic Pain: Do the Ages of Patients or Years of Practice and Theoretical Orientation of Clinicians Matter? *International Journal of Clinical and Experimental Hypnosis*, 64(4), 483–498.
25. Miró, J., **de la Vega, R.**, Tomé-Pires, C., Sánchez-Rodríguez, E., Castarlenas, E., Jensen, M.P., Engel, J. (2017). Pain extent and function in youth with physical disabilities. *Journal of Pain Research*, 10, 113-120.
26. Miró, J., Castarlenas, E., **de la Vega, R.**, Roy, R., Solé, E., Tomé-Pires, C., Jensen, M.P. (2016). Psychological neuromodulatory treatments for young people with chronic pain. *Children*, 3(4), 41.

27. Solé, E., Castarlenas, E., Sánchez-Rodríguez, E., Galán, S., **de la Vega, R.**, Jensen, M.P., Miró, J. (2019). The reliability and validity of the Spanish version of the Fear of Pain Questionnaire. *The Journal of Health Psychology*, 24(8), 1134-1144.
28. Miró, J., **de la Vega, R.**, Roset, R., Castarlenas, E., Sánchez-Rodríguez, E. (2018). Painometer v2®: Una aplicación móvil certificada para monitorizar a los pacientes con dolor. *Revista de la Sociedad Española de Dolor*, 25(2), 112-120.
29. Racine, M., Galán, S., **de la Vega, R.**, Tomé-Pires, C., Solé, E., Nielson, W.R., Miró, J., Moulin, D.E., Jensen, M.P. (2018). Pain-related activity management patterns and function in patients with Fibromyalgia Syndrome. *The Clinical Journal of Pain*, 34(2), 122-129.
30. Miró, J., **de la Vega, R.**, Solé, E., E., Castarlenas, E., Sánchez-Rodríguez, E., Galán, S., Roy, R. (2018). Psychology and pediatric chronic pain. *Revista de la Sociedad Española de Dolor*, 2018; 25 (Supl 1), 46-56.
31. Solé, E., Castarlenas, E., Sánchez-Rodríguez, E., Galán, S., **de la Vega, R.**, Jensen, M.P., Miró, J. (2018). Chronic pain in the school setting: the teachers' point of view. *Journal of School Health*, 88, 65-73.
32. Miró, J., **de la Vega, R.**, Gertz, K., Jensen, M.P., Engel, J.M. (2019). The role of perceived family social support and parental solicitous responses in adjustment to bothersome pain in young people with physical disabilities. *Disability and Rehabilitation*, 41(6), 641-648.
33. **De la Vega, R.**, Groenewald, C., Bromberg, M.H., Beals-Erickson, S.E., Palermo, T.M. (2018). Chronic pain prevalence and associated factors in adolescents with and without physical disabilities. *Developmental Medicine & Child Neurology*, 60(6), 596-601.
34. Galán, S., Roy, R., Solé, E., Racine, M., **de la Vega, R.**, Jensen, M.P., Miró, J. (2019). Committed action, disability and perceived health in individuals with Fibromyalgia. *Behavioral Medicine*, 45(1):62-69.
35. Miró, J., Castarlenas, E., **de la Vega, R.**, Galán, S., Sánchez-Rodríguez, E., Jensen, M.P., Cane, D. (2018). Pain catastrophizing, activity engagement and pain willingness as predictors of the benefits of multidisciplinary cognitive behaviorally-based chronic pain treatment. *Journal of Behavioral Medicine*, 41(6):827-835.
36. Solé, E., Galán, S., **de la Vega, R.**, Castarlenas, E., Sánchez-Rodríguez, E., Jensen, M.P., Miró, J. (2019). Psychometric properties of the Functional Disability Inventory for assessing pain-related disability in children from the community. *Disability and Rehabilitation*, 41(20), 2451-2458.
37. **De la Vega, R.**, Molton, I.R., Miró, J., Smith, A.E., Jensen, M.P. (2019). Changes in perceived social support predict changes in depressive symptoms in adults with physical disability. *Disability and Health Journal*, 12 (2), 214 - 219.
38. Palermo T.M., **de la Vega, R.**, Dudeney, J., Murray, C.B., Law, E.F. (2018). Mobile health intervention for self-management of adolescent chronic pain (WebMAP mobile): Protocol

- for a hybrid effectiveness-implementation cluster randomized controlled trial. *Contemporary Clinical Trials*, 74, 55-60.
39. **De la Vega, R.**, Mendoza, M.E., Chan, J. F., Jensen, M.P. (2019). Case study: cognitive restructuring hypnosis for chronic pain in a quadriplegic patient. *American Journal of Clinical Hypnosis*, 61 (4), 394 - 408.
 40. **De la Vega, R.**, Racine, M., Castarlenas, E., Solé, E., Roy, R., Jensen, M.P., Miró, J., Cane, D. (2019). The role of sleep quality and fatigue on the benefits of an interdisciplinary treatment for adults with chronic pain. *Pain Practice*, 19(4), 354-362.
 41. Sánchez-Rodríguez, E., **de la Vega, R.**, Racine, M., Roy, R., Jensen, M.P., Miró, J. (2019). Support for the Spanish version of the CPAQ-8 as a measure of chronic pain acceptance. *Journal of Evaluation in Clinical Practice*, 5(5), 881-888.
 42. Aaron, R.V., Fisher, E.A., **de la Vega, R.**, Lumley, M.A., Palermo, T.M. (2019). Alexithymia in Individuals with Chronic Pain and its Relation to Pain Intensity, Physical Interference, Depression and Anxiety: A Systematic Review and Meta-Analysis. *Pain*, 160(5), 994-1006.
 43. **De la Vega, R.**, Miró, J., Esteve, R., Ramirez-Maestre, C., López-Martínez, A., Jensen, M.P. (2019). Sleep disturbances in individuals with physical disabilities and chronic pain: The role of physical, emotional and cognitive factors. *Disability and Health Journal*, 12 (4), 588 - 593.
 44. Miró, J., **de la Vega, R.**, Gertz, K., Thong, I., Jensen, M.P., Engel, J.M. (2019). Do commonly used measures of pain intensity only reflect pain intensity in youths with bothersome pain and a physical disability? *Frontiers pediatrics*, 7, 229.
 45. Bromberg, M.H., **de la Vega, R.**, Law, E.F., Zhou, C., Palermo, T.M. (2020). Development and Validation of the Adolescent Insomnia Questionnaire. *Journal of Pediatric Psychology*, 45(1), 61 - 71.
 46. Racine, M., Sánchez-Rodríguez, E., **de la Vega, R.**, Galán, S., Solé, E., Jensen, M.P., Miró, J., Moulin, D.E., Nielson, W.R. (2020). Pain-related activity management patterns as predictors of treatment outcomes in patients with fibromyalgia syndrome. *Pain Medicine*, 21(2), e191-e200.
 47. Murray, C., **de la Vega, R.**, Loren, D., Palermo, T.M. (2020). Pain Moderators of internet-delivered cognitive-behavioral therapy for adolescents with chronic pain: Who benefits from treatment? *The Journal of Pain*, 1(5-6), 615-630.
 48. Murray, C., Groenewald, C., **de la Vega, R.**, Palermo, T.M. (2020). Long-term Impact of Adolescent Chronic Pain on Young Adult Educational, Vocational, and Social Outcomes. *Pain*, 161(2), 439 - 445.
 49. Ramírez-Maestre, C., **de la Vega, R.**, Sturgeon. J.A., Peters, M. (2019). Editorial: Resilience Resources in Chronic Pain Patients: The Path to Adaptation. *Frontiers in Psychology*.

50. Murphy, L. K., **de la Vega, R.**, Kohut, S. A., Kawamura, J. S., Levy, R. L., Palermo, T. M. (2021). Systematic Review: Psychosocial Correlates of Pain in Pediatric Inflammatory Bowel Disease. *Inflammatory Bowel Diseases*. 27(5), 697-710.
51. Ramírez-Maestre, C., Esteve, R., López-Martínez, A. E., Miró, J., Jensen, M. P., **de la Vega, R.** (2020). Beyond Pain Intensity and Catastrophizing: The Association between Self-Enhancing Humour Style and the Adaptation of Individuals with Chronic Pain. *European Journal of Pain*, 24, 1357 – 1367.
52. Roy, R., **de la Vega, R.**, Jensen, M.P., Miró, J. (2020) Neurofeedback for pain management: a systematic review. *Frontiers in Neuroscience*, section Perception Science, 14 (671).
53. Palermo T.M., **de la Vega, R.**, Murray, C., Law, E.F., Zhou, C. (2020). A digital health psychological intervention (WebMAP Mobile) for children and adolescents with chronic pain: Results of a hybrid effectiveness-implementation stepped wedge cluster randomized trial. *Pain*, 161(12), 2763–2774.
54. **De la Vega, R.**, Ritterband, L., Palermo, T.M. (2020). Assessing Digital Health Implementation for a Pediatric Chronic Pain Intervention: Comparing the RE-AIM and BIT Frameworks Against Real-World Trial Data and Recommendations for Future Studies. *JMIR*, 22 (9), e19898.
55. Marti, L., Castarlenas, E., Solé, E., **de la Vega, R.**, Miró, J. (*in press*). Video-based pain education in schools: an effectiveness study with adolescents. *Clinical Journal of Pain*.
56. Palermo, T.M., Walco, G., Roy Paladhi, U., Birnie, K., Crombez, G., **de la Vega, R.**, Eccleston, C., Kashikar-Zuck, S., Stone, A. (*in press*). Core outcome set for pediatric chronic pain clinical trials: results from a Delphi poll and consensus meeting. *Pain*.
57. Ferreira-Valente, A., Solé, E., Sánchez-Rodríguez, E., Sharma, S., Pathak, A., Jensen, M.P., Miró, J., **de la Vega, R.** (*in press*). Does pain acceptance buffer the negative effects of catastrophizing on function in individuals with chronic pain? *Clinical Journal of Pain*, 37(5), 339-348.

Capítulos de libro

- De la Vega, R.**, Fisher, E., Palermo, T.M. (2018). Toward change: Targeting individual and interpersonal processes in therapeutic interventions for chronic pain. In Prkachin, K.M., Trost, T., Karos, K., Vervoort, T. (eds.) *Social and interpersonal dynamics in pain: We don't suffer alone*. Springer.
- De la Vega, R.**, Dudeney, J., Palermo T.M. (2021) CHAPTER 16. Sleep and Pain in Children and Adolescents. Forthcoming in: McGrath, P., Stevens, B., Hathway, G., Zempsky, W. (eds.) *Oxford textbook on Pediatric Pain, Second Edition*. Oxford University Press.
- De la Vega, R.**, Palermo, T.M. (*in press*). Assessing and reporting treatment reactions and adverse events in psychological interventions and clinical trials: current challenges and guidelines for good practice. Forthcoming in: Asmundson, G., Noel, M. (eds.) *Comprehensive Clinical Psychology, Second edition*. Elsevier.

Abstracts publicados

1. **De la Vega R.**, Miró J., Nolla M.C., McGrath P.J., Huguet A., Stinson J. (2011). The assessment of Sleep quality in pediatric chronic pain sufferers. 7th Congress of the European Federation of IASP Chapters (EFIC). European Journal of Pain Supplements, 2011, Vol. 5, Issue 1, Page 167, Hamburg, Germany.
2. Castarlenas E., Sánchez-Rodríguez E., Miró J., **de la Vega R.**, Roset R. (2013). Uses of technology in the assessment of youth with pain. 8th Congress of the European Federation of IASP Chapters (EFIC), Florencia, Italy.
3. **De la Vega, R.**, Racine, M., Sánchez-Rodríguez, E., Tomé-Pires, C., Castarlenas, E., Jensen, M.P., Miró, J. (2015) Pain extent, pain intensity, and sleep quality in adolescent and young adults. 9th Congress of the European Federation of IASP Chapters (EFIC), Vienna, Austria.
4. Miró, J., **de la Vega, R.**, Solé, E., Racine, M., Jensen, M.P., Galán, S., Engel, J.M. (2015). Defining Mild, Moderate, And Severe Pain in Youths With Physical Disabilities. 9th Congress of the European Federation of IASP Chapters (EFIC), Vienna, Austria.
5. Sánchez-Rodríguez, E., Tomé-Pires, C., Castarlenas, E., **de la Vega, R.**, Galán, S., Jensen, M.P., Miró, J. (2015). Assessing Pain Anxiety in Adolescents: Further Evidence for the Utility of the Child Pain Anxiety Symptoms Scale. 9th Congress of the European Federation of IASP Chapters (EFIC), Vienna, Austria.
6. **De la Vega, R.**, Groenewald, C., Bromberg, M.H., Beals-Erickson, S.E., Palermo, T.M. (2017). Chronic pain prevalence and associated factors in adolescents with physical disabilities. American Pain Society meeting, Pittsburg, USA. The Journal of Pain 18 (4), S43
7. **De la Vega, R.**, Racine, M., Castarlenas, E., Solé, E., Roy, R., Jensen, M.P., Miró, J., Cane, D. (2017). Sleep quality and fatigue as predictors of the benefits of an interdisciplinary treatment for adults with chronic pain. 10th Congress of the European Federation of IASP Chapters (EFIC), Copenhagen, Denmark.
8. Galán, S., Roy, R., Solé, E., Racine, M., **de la Vega, R.**, Jensen, M.P., Miró, J. (2017). Factor structure, internal consistency and criterion validity of the committed action questionnaire (CAQ-8). 10th Congress of the European Federation of IASP Chapters (EFIC), Copenhagen, Denmark.
9. Sánchez-Rodríguez, E., **de la Vega, R.**, Racine, M., Roy, R., Jensen, M.P., Miró, J. (2017). Measuring chronic pain acceptance: further support for the validity and reliability of the CPAQ-8. 10th Congress of the European Federation of IASP Chapters (EFIC), Copenhagen, Denmark.
10. **De la Vega, R.**, Holley, A., Groenewald, C., Palermo, T.M., Rabbitts, J. Associations among pain extent and pain processing in youth with musculoskeletal pain. (2018) American Pain Society meeting, Anaheim, USA. The Journal of Pain 19 (3), S54.
11. Racine, M., Sánchez-Rodríguez, E., **de la Vega, R.**, Galán, S., Solé, E., Jensen, M.P., Miró, J., Moulin, D.E., Nielson, W.R. (2018). Pain-related activity management patterns as

predictors of treatment outcomes in patients with fibromyalgia syndrome. Canadian Pain Society meeting. Canadian Journal of Pain.

12. Bromberg, M.H., **de la Vega, R.**, Law, E.F., Palermo, T.M. (2019) Development and Psychometric Validation of a Brief Screening Measure of Adolescent Insomnia: The Adolescent Insomnia Questionnaire. *Sleep* 42(Supplement_1): A302-A302.
https://academic.oup.com/sleep/article-abstract/42/Supplement_1/A302/5450945
13. **De la Vega, R.**, Ritterband, L., Palermo, T.M. (2020) Implementation outcomes of WebMAP Mobile: an mHealth solution for pediatric chronic pain. Society of Behavioral Medicine Annual Meeting, Paper Session 28. Virtual presentation due to cancelled conference due to COVID-19 pandemic.
14. Murray, C., Groenewald, C., **de la Vega, R.**, Palermo, T.M. (2020) Long-term Impact of Adolescent Chronic Pain on Young Adult Educational, Vocational, and Social Outcomes. Society of Behavioral Medicine Annual Meeting, Paper Session 46. Virtual presentation due to cancelled conference due to COVID-19 pandemic.
15. Murphy, L. K., **de la Vega, R.**, Kohut, S. A., Kawamura, J. S., Levy, R. L., Palermo, T. M. (2020). A systematic review of psychosocial correlates of pain in pediatric inflammatory bowel disease. Poster. Virtual presentation due to cancelled conference due to COVID-19 pandemic.

Ponencias invitadas

1. **De la Vega, R.**, Miró, J. The assessment of sleep quality in children and adolescents with chronic pain. 26th Conference on behavioral therapy and behavioral medicine in clinical practice. Catalan Society of Psychiatry and Mental Health, Academy of Medical Sciences of Catalonia and the Balearic Islands (ACMSCB), Barcelona, Spain. April, 2011.
2. **De la Vega, R.** Psychological treatment in patients with chronic pain managed through information and communication technologies. 4th International Conference on Pediatric Pain. Tarragona, Spain. May, 2013.
3. **De la Vega, R.**, Roset, R., Miró, J. Fibroline: una aplicació per al tractament de joves amb fibromiàlgia. 30th Conference on behavioral therapy and behavioral medicine in clinical practice. Catalan Society of Psychiatry and Mental Health, Academy of Medical Sciences of Catalonia and the Balearic Islands (ACMSCB), Barcelona, Spain. March 2015.
4. **De la Vega, R.** Risks and opportunities of mHealth for fibromyalgia. The examples of Painometer and Fibroline. Physiotherapy sessions in Fibromyalgia. Villarobledo, Spain, May, 2016. (Online presentation).
5. **De la Vega, R.** Evidence-based psychological treatments for pediatric patients with chronic pain. Pediatrics Department, Hospital Virgen de las Nieves. Granada, Spain, March 2018.
6. **De la Vega, R.** Online Interventions for Pediatric Chronic Pain. MindSpot Clinic. Sydney, Australia, February 2019.

Presentations orales a congresos

1. Miró, J., **de la Vega, R.**, Roset, R. Tratamiento psicologico en pacientes con dolor cronico mediante nuevas tecnologias. 10th congreso nacional de la SED. Granada, España. April, 2013.
2. **De la Vega, R.** Fibroline: a Smartphone app for the treatment of juvenile fibromyalgia syndrome and chronic widespread pain. 5th R&D&i Conference in ICT and Health. Girona, España. Junio, 2014.
3. Miró, J., **de la Vega, R.**, Roset, R. mHealth for the Management of Chronic Pain in Youth: The Case of Fibroline. 7th Scientific Meeting of the International Society for Research on Internet Interventions. Valencia, España. Octubre, 2014.
4. **De la Vega, R.**, Murray, C., Daniels, K., Palermo, T.M. WebMAP Mobile: an mHealth psychological intervention for pediatric chronic pain. Early results on use and engagement. Meeting of the International Society for Research on Internet Interventions (ISRII), Auckland, Nueva Zelanda. Febrero, 2019.
5. **De la Vega, R.** Tailoring WebMAP Mobile, A mHealth Intervention for Adolescents with Chronic Pain, to Adolescents with Insomnia. SLEEP 2019, 33rd Annual Meeting of the Associated Professional Sleep Societies, LLC, San Antonio, EEUU. Junio, 2019.

Presentaciones a congreso tipo poster

1. Roset, R., **de la Vega, R.**, Castarlenas, E., Sánchez-Rodríguez, E., Gutiérrez-Vidal, G., Llorens-Vernet, P., Miró, J. (2012). Painometer: Avaluació de la intensitat del dolor mitjançant dispositius mòbils. 3rd R&D&i Conference in ICT and Health, Girona, Spain.
2. Castarlenas, E., Sánchez-Rodríguez, E., Tomé-Pires, C., Roset, R., **de la Vega, R.**, Solé, E., Miró, J. (2012). Uses of technology in the assessment of youth with pain. 14th World Congress on Pain of the International Association for the Study of Pain (IASP), Milan, Italy.
3. **De la Vega, R.**, Sánchez-Rodríguez, E., Castarlenas, E., Roset, R., Tomé-Pires, C., Solé, E., Miró, J. (2013). Painometer: an App to Assess Pain Intensity. 9th International Symposium on Pediatric Pain, Stockholm, Sweden.
4. **De la Vega, R.**, Castarlenas, E., Roset, R., Sánchez-Rodríguez, E., Solé, E., Tomé-Pires, C., Miró, J. (2013). Testing Painometer: an App to Assess Pain Intensity. 9th International Forum on Pediatric Pain, White Point Beach, Canada.
5. Sendra, A., Roset, R., **de la Vega, R.**, Castarlenas, E., Sánchez-Rodríguez, E., Solé, E., Tomé-Pires, C., Miró, J. (2013). Fòrum de ALGOS. 4th R&D&i Conference in ICT and Health, Girona, Spain.
6. Roset, R., **de la Vega, R.**, Castarlenas, E., Sánchez-Rodríguez, E., Gutiérrez-Vidal, G., Llorens-Vernet, P., Miró, J. (2013). Painometer v2: Registre de l'avaluació del dolor mitjançant dispositius mòbils. 4th R&D&i Conference in ICT and Health, Girona, Spain.

7. Roset, R., **de la Vega, R.**, Miró, J. (2014). WellTech Treatment Management System. Tratamientos psicológicos y planes de vida saludable en el móvil. 5th R&D&i Conference in ICT and Health, Girona, Spain.
8. **De la Vega, R.**, Roset, R., Galán, S., Miró, J. (2014). Fibroline. A Smartphone App for the treatment of Juvenile Fibromyalgia Syndrome (JFS) and Chronic Widespread Pain (CWP). 5th R&D&i Conference in ICT and Health, Girona, Spain.
9. **De la Vega, R.**, Sánchez, K., Muñoz, C., Martín, S., Miró, J. (2014). Pain related Apps: are they scientifically supported? 15th World Congress on Pain of the International Association for the Study on Pain (IASP), Buenos Aires, Argentina.
10. Sánchez-Rodríguez, E., **de la Vega, R.**, Castarlenas, E., Roset, R., Miró, J. (2014). On The Validity of Pain Intensity Reports Provided with Painometer: A Study With Youth. 15th World Congress on Pain of the International Association for the Study of Pain (IASP), Buenos Aires, Argentina.
11. Galán, S., **de la Vega, R.**, Miró, J. (2014). Psychological Treatments for pain in cancer survivors: an unmapped terrain. 15th World Congress on Pain of the International Association for the Study of Pain (IASP), Buenos Aires, Argentina.
12. Racine, M., Castarlenas, E., **de la Vega, R.**, Tomé-Pires, C., Solé, E., Miró, J., Jensen, M.P., Moulin, D.E., Nielson, W.R. (2014). Sex Differences in psychological response to pain in patients with fibromyalgia syndrome. 15th World Congress on Pain of the International Association for the Study of Pain (IASP), Buenos Aires, Argentina.
13. **De la Vega, R.**, de la Vega, P., Miró, J. (2015). Predicting pain related disability in school children: what are the roles of pain intensity, pain extent, and previous painful experiences? 10th International Forum on Pediatric Pain. White Point Beach, Canada.
14. Solé, E., Tomé-Pires, C., **de la Vega, R.**, Racine, M., Castarlenas, E., Jensen, M.P., Miró, J. (2015). Cognitive Fusion and Pain Experience in Young People. 10th International Forum on Pediatric Pain. White Point Beach, Canada.
15. **De la Vega, R.**, Roset, R., Galán, S., Miró, J. (2016). Fibroline: A Mobile App for Improving the Quality of Life of Young People with Fibromyalgia. 16th World Congress on Pain of the International Association for the Study of Pain (IASP), Yokohama, Japan.
16. Miró, J., **de la Vega, R.**, Tomé-Pires, C., Sánchez-Rodríguez, E., Castarlenas, E., Jensen, M.P., Engel, J.M. (2016). Pain Extent and Function in Youth with Physical Disabilities. 16th World Congress on Pain of the International Association for the Study of Pain (IASP), Yokohama, Japan.
17. Roset, R., **de la Vega, R.**, Llorens, P., Miró, J. (2016). Plataforma WellTech. Crear Tractaments per al benestar i la salut. Administrar a través d'una App. Monitoritzar a través d'una Web. R&D&i Conference in ICT Health and Social. Vic, Spain.
18. Solé, E., Galán, S., **de la Vega, R.**, Castarlenas, E., Sánchez-Rodríguez, E., Jensen, M.P., Miró, J. (2017). Psychometric properties of the Functional Disability Inventory for

assessing pain-related disability in children from the community. 11th International Symposium on Pediatric Pain, Kuala Lumpur, Malaysia.

19. **De la Vega, R.**, Holley, A., Groenewald, C., Palermo, T.M., Rabbitts, J. (2018) Associations among pain extent and pain processing in youth with musculoskeletal pain. PICH2GO Copenhagen, Denmark.
20. Roset, R., **de la Vega, R.**, Llorens, P., Miró, J. (2018). Plataforma WellTech. Una herramienta para mejorar el bienestar de la población infantojuvenil con dolor crónico. 2^a Jornada Nacional sobre dolor infantil. Madrid, Spain.
21. Aaron, R.V., Fisher, E.G., **de la Vega, R.**, Lumley, M., Jensen, M.P., Palermo, T.M. (2018). Alexithymia in individuals with chronic pain and its relation to psychological symptoms and pain characteristics: a systematic review and meta-analysis. 5th annual meeting of the Society for Affective Science, Los Angeles, USA.
22. Miró, J., **de la Vega, R.**, Gertz, K., Thong, I., Jensen, M.P., Engel, J. (2018). Do commonly used measures of pain intensity only reflect pain intensity? A study with youths with a physical disability. 17th World Congress on Pain of the International Association for the Study of Pain (IASP), Boston, USA.
23. Roy, R., **de la Vega, R.**, Jensen, M.P., Miró, J. (2018). A Systematic Review of Neurofeedback as a Treatment for Chronic Pain Problems. 17th World Congress on Pain of the International Association for the Study of Pain (IASP), Boston, USA.
24. Heathcote, L.C., Galán, S., **de la Vega, R.**, Miró, J., Simons, L.E. (2018). When Pain Could Mean the Worst': Fear of Pain in Childhood Cancer Survivors. 17th World Congress on Pain of the International Association for the Study of Pain (IASP), Boston, USA.
25. **De la Vega, R.**, Murray, C., Qu, P., Palermo, T.M. (2018). Testing two competing models of engagement to predict long-term treatment benefit: an example from internet-delivered psychological treatment for pediatric chronic pain. 17th World Congress on Pain of the International Association for the Study of Pain (IASP), Boston, USA.
26. **De la Vega, R.**, Murray, C., Daniels, K., Palermo, T.M. (2019). WebMAP Mobile: an mHealth psychological intervention for pediatric chronic pain. Early results on use and engagement. Meeting of the International Society for Research on Internet Interventions (ISRII), Auckland, New Zealand.
27. **De la Vega, R.**, Murray, C., Daniels, K., Palermo, T.M. (2019). Understanding Treatment Processes Using an mHealth Psychological Intervention for Pediatric Chronic Pain: WebMAP Mobile. Society of Pediatric Psychology Annual Conference (SPPAC), New Orleans, USA.
28. Murray, C., **de la Vega, R.**, Loren, D., Palermo, T.M. (2019). Moderators of Internet-delivered Cognitive-behavioral Therapy for Adolescents with Chronic Pain: Who Benefits from Treatment? Society of Pediatric Psychology Annual Conference (SPPAC), New Orleans, USA.

Comités y tribunals de tesis y master

- 2013-2014 Health Psychology Master. Department of Psychology, University Rovira i Virgili, Spain. Master's Theses Committee member for:
- Teia Pascual Descarrega. Addiction to new technologies in clinical adolescents.
 - Laura Turner Pino. Risk of suicide in pre-adolescent non-clinical populations: relationship with anxiety and depression.
- 2017 Department of Psychology, University of Castellon, Spain. External reviewer for Eva del Rio Gonzalez Dissertation. "Effectiveness of a cognitive behavioral treatment with support of information and communication technologies for chronic lumbar pain. A randomized clinical trial."
- 2017 Department of Psychology, University of Malaga, Spain. Committee member for Maria del Mar Campos Rios Dissertation "Personality and clinical variables in adolescents through the inventory of evaluation of personality for adolescents (PAI-A)."
- 2018 Department of Psychology, University of Malaga, Spain. Committee member for Carlos Buiza Aguado Dissertation "Videogames in adolescents. Problematic use and associated factors."
- 2018 Department of Psychology, University of Deusto, Spain. External reviewer for Joana del Hoyo Bilbao Dissertation "Child-to-parent Violence. Characteristics, evaluation and risk factors."
- 2018 Department of Psychology, University of Malaga, Spain. External reviewer for Elena Rocío Serrano Ibáñez Dissertation "Involvement of the behavioral inhibition and activation systems on the experience of individuals with chronic pain with and without comorbid posttraumatic stress symptoms."
- 2019 Information and Knowledge Society Doctoral Programme, Universitat Oberta de Catalunya (UOC), Spain. External reviewer for Gemma Ruiz Dissertation proposal "Resilience and family dynamics through an online psychological intervention for families with children with chronic pain".
- 2019 Department of Psychology, University of Malaga, Spain. External reviewer for Cirenia Luz Quintana Orts Dissertation "Forgiveness as a protective factor among adolescents in bullying and cyberbullying contexts: Examining the impact on psychological adjustment."
- 2020 Information and Knowledge Society Doctoral Programme, Universitat Oberta de Catalunya (UOC), Spain. External reviewer for Imma Beneitez de Dios "AIJTeens: un recurso psicoeducativo y de mentoría online dirigido a adolescentes con Artritis Idiopática Juvenil".
- 2021 Department of Psychology, University Rovira i Virgili, Spain. Committee member for Pere Llorens Vernet Dissertation "Aplicacions mòbils en salut: criteris per al desenvolupament i avaluació de la qualitat."