



10TH EDITION **OF THE**
UNIVERSITY OF MÁLAGA
ERASMUS+ STAFF TRAINING WEEK

▶ **4TH - 8TH MAY 2020**



UNIVERSIDAD
DE MÁLAGA

| uma.es



Erasmus+

Erasmus+ staff training week

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Arrival in Malaga

AIRPORT/ RAILWAY/ BUS

✈ Airport

Arriving at the international airport "Pablo Ruiz Picasso" (only 12 Km from Málaga city centre), there are three ways for travelling into town:

TAXI

A taxi costs between 15/22 € and takes roughly 15 minutes to reach the city centre. The rank is located directly outside the arrivals terminal.

BUS

There is a bus into town every 30 minutes, line A. A ticket costs 3.00€. The stop is located directly outside the arrivals terminal.

Train

Trains leave the station connected by a pedestrian walkway to the departure terminal every 30 minutes, and a ticket to Málaga costs 1.80€.

Visitors are advised to carry some cash on them when they arrive in Malaga (50 € ought to be enough).

Additionally, buses do not accept anything larger than 5.00 € bills.

🚆 Railway

Railway The Malaga-Maria Zambrano Railway Station connects the city to the capital of Spain through the High-Speed line (AVE) Malaga-Córdoba-Madrid in a two-hour and a half journey. The Malaga-Cordoba-Seville route takes 1 hour and 55 minutes.

Furthermore, the railway network connects the capital to other areas in Malaga located on the Costa del Sol, Valle del Guadalhorce, and the Airport through Malaga's regional lines.

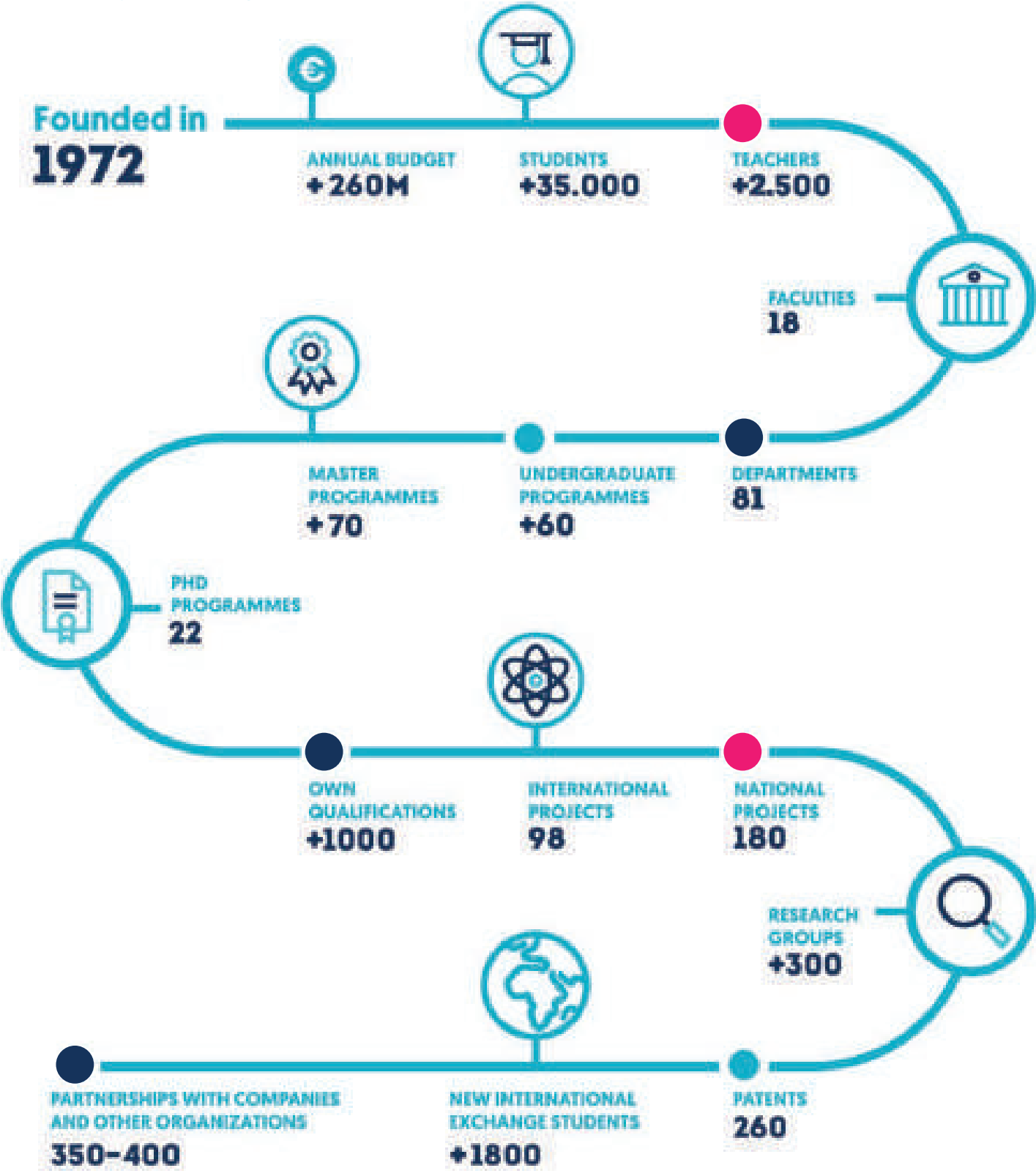
🚌 Bus Station

Malaga's Bus Station establishes connections between the capital, Malaga's municipalities, and the main Spanish and European cities. In addition, there is a Bus Station in Muelle Heredia, at the city centre near Malaga's Port, which connects to several localities of the metropolitan area.

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Introducing UMA

IN NUMBERS



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International mobility and cooperation office

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STAFF WEEK PROGRAMME

4TH - 8TH MAY 2020

MONDAY 4TH MAY

10:00H Welcome at University's Main Building
(University of Malaga Rectorate)
UMA presentation

11:00H Reception at the Town Hall

11:30H Coffee break
(University of Malaga Rectorate)

12:30H Spanish Language Crash Course
(University of Malaga Rectorate)

17:00H Malaga city guided tour

TUESDAY 5TH MAY

10:00H Meeting point
General Library (Teatinos Campus)

University Tour:

- General Library
 - UMA Botanical Garden
 - International Relations Office
 - SCAI
 - Sport Centre
-

11:30H Presentation of participants' institutions
(School of Tourism) Introduce your home
university in 5/10 minutes

13:30H International food fair
(University of Malaga Botanical Garden)

WEDNESDAY 6TH MAY

9:30-14:00H Specific training at UMA unit

21:00H Dinner and show:
Bodegas El Pimpi - Flamenco Show.
Menu 30 euros (at own expenses)

THURSDAY 7TH MAY

9:30-14:00H Specific training at the **International
Mobility and Cooperation office**

17:00H Flamenco Workshop - CAC Malaga

FRIDAY 8TH MAY

10:00H Meeting point at the **School of
Telecommunication Engineering - Classroom
209**

10:30H Conclusions – Evaluation – Documents signing
(**School of Telecommunication Engineering -
Classroom 209**)

12:00H End of the official programme of UMA STT
Week 2018 (**School of Telecommunication
Engineering - Classroom 209**)



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Staying in Malaga

MEDITERRANEAN CITY

A city with a rich historic and cultural tradition, Malaga was founded by the Phoenicians around 800 B.C. and later was colonized by Iberians, Greeks, Romans, Arabs and Christians. Its privileged position on the shores of the Mediterranean, its mild climate and the friendliness of its inhabitants have all meant that the capital of the Costa del Sol has, throughout its history, sustained excellent trade and cultural relations all over the world. Nowadays, Malaga is a modern, cosmopolitan and welcoming city with over 600,000 inhabitants, which has successfully developed its commercial, industrial and tourist sectors. The climate, the warmth of its inhabitants and the light, all contribute to make Malaga a wonderful place to live in.



Malaga is a Mediterranean city with a very mild climate. Winter temperatures very rarely drop below 10°C and in autumn and spring the average temperature is about 20°C, although evenings can be a lot cooler. Average rainfall for the region is normally quite low.



Regular opening hours for small shops from 9.30 a.m. to 1.30 p.m. and from 5 p.m. to 8.30 p.m. There are many shopping centres open from 10 a.m. to 10 p.m. Although shops are usually closed on Sundays, there are a number of small grocers and delicatessens, which are open in the city centre during the weekends.



5.1



Post office

OPENING TIMES

CITY CENTRE

C/ Santa Lucía nº 7

MON-FRI.

8.30h - 20.30h

SAT.

9.30h - 13.00h

TEATINOS

Av. Parménides nº 13

MON-FRI.

8.30h - 14.30h

SAT.

9.30h - 13.00h

MALAGUETA

C/ del Puerto nº 11

MON-FRI.

8.30h - 14.30h

SAT.

9.30h - 13.00h

TRAIN STATION

Explanada de la Estación

MON-FRI.

8.30h - 14.30h

SAT.

9.30h - 13.00h



5.2 Urban transport IN MALAGA



BUS

Route 11 and 8 connect Teatinos - City Centre
Route L connects Teatinos campus with Campus extension

FARES

SINGLE TICKET	1,30 €
AIRPORT TICKET	3,00 €
MULTITRAVEL CARD* (10 TRIPS)	8,30 €

* The cards are bought at licensed tobacco shops (Estanco in Spanish) and kiosks throughout the city.



SUBWAY/TRAM

L1 Andalucía Tech-El Perchel
Through Teatinos campus to central bus and train stations (Vialia-El Perchel).

L2 Palacio de los Deportes-El Perchel
Connects a large area of the city

FARES

REGULAR TICKET	1,35 €
CASH CARD	0,82 €
CASH CARD (PARTNERSHIP)	0,82€ + Bus 0, 65 €

* For further information visit:

🖱 <https://metromalaga.es/>

☎ +34 902 112 223

✉ info@metromalaga.es





SHORT DISTANCE TRAINS: CERCANÍAS

Malaga is connected to towns along la Costa del Sol and el Valle del Guadalhorce through the network of short distance trains: Cercanías.

LINES

The network consists in two lines:
C-1 Malaga – Airport – Fuengirola
C-2 Malaga – Álora

TICKETS	1/2 ZONES	3 ZONES	4 ZONES	5 ZONES
SINGLE TICKET	1,80€	2,05€	2,70€	3,60€
BONOTREN (10 JOURNEYS)	11,95€	13,85€	18,70€	25,05€

* For further information visit:

🖱 <http://www.renfe.com/viajeros/cercanias/malaga/index.html>



C-1 Málaga Centro Alameda - Fuengirola
C-2 Málaga Centro Alameda - Álora

P Parking en la estación
🚌 Conexión con Bus urbano
🚌 Conexión con Bus

♿ Información para viajeros con movilidad reducida
Atendo 902 24 05 05

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Our culture

FESTIVITIES, GASTRONOMY, ENTERTAINMENT

Festivities



Several festivities are held in Malaga every year. The most famous and meaningful ones are "Feria de Agosto" (August Fair) and "Semana Santa" (Easter Holy Week). However, there are other dates in which the city will be decked out and full of people: Fiestas de San Juan, fiesta de la Virgen del Carmen, Carnaval and fairs.

Gastronomy



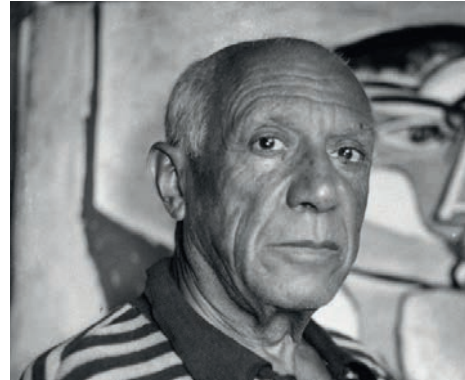
Andalusian gastronomy is based on the **Mediterranean diet**: local and fresh ingredients such as vegetables, fruit, fish and olive oil. Our cuisine and our culture in general, is the result of a convergence of cultures. Romans, Arabs, Greeks, Phoenicians and Visigoths, all contributed to the history of the Andalusian gastronomy.

Tapas are small appetizers, which are served in bars and restaurants throughout Spain. Sometimes the

price includes a drink. You can eat tapas that consist in a small portion of any type of meal. You can actually have a full meal with tapas!

Meals are served late in the evening compared with the rest of Europe: breakfast is normally eaten between **7.30 a.m. and 10.30 a.m.** Lunch is served from **2 p.m. to 4 p.m.** and dinner from **8.00 p.m. and 11 p.m.** However, most of restaurants adapt their times to the European norms and will serve food earlier.

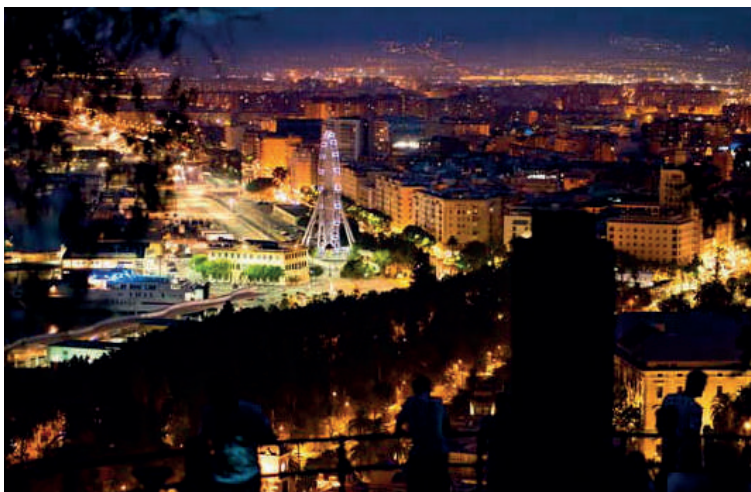
Entertainment and Leisure



Picasso's hometown is becoming more and more recognized as an important cultural destination. The capital city of La Costa del Sol offers a wide variety of museums and exhibitions as well as theatres and halls.

You should not miss the opportunity to get into our history and customs, our learning about the finest international art.

Weekends fun



Malaga has an exciting and varied nightlife. While the city center's shops close, numerous bars offer foreigners the chance to get to know the locals.

During the weekend, countless people gather there to visit the bars and pubs to enjoy the night scene in Malaga. The locals usually do not go partying before midnight, and it is normal to go back home after sunrise, but not without having some breakfast on the way back.

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Useful information

PHONES AND LINKS

Emergency phone numbers

Local Police Department: **092**

National Police Department: **091**

Urgent Medical Assistance: **061**

All Emergencies: **112**

Firefighter: **080**

Useful links

 Malaga City Council:
<http://www.malaga.eu>

 Consulates:
<http://www.malagaturismo.com/es/secciones/consulados/27>

 Map of the City A to Z:
<http://sig.malaga.eu/guia/>

 City Buses company-EMT:
<http://www.emtmalaga.es>

 Airport:
<http://www.aena.es>

 Train:
<http://www.renfe.es>
Underground: <https://metromalaga.es/>

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Accommodation

IN MALAGA

ALCAZABA PREMIUM HOSTEL

📍 Calle Alcazabilla, 12, 29015
☎ +34 952 22 98 78

From 31€ per night (shared room)
alcazabapremiumhostel.com

ATARAZANAS MÁLAGA BOUTIQUE HOTEL

📍 Calle Atarazanas, 19, 29005
☎ +34 952 12 19 10

From 82€ per night
hotel-atarazanas-malaga.com/en/

HOTEL DON CURRO

📍 Calle Sancha de Lara, 9, 29015
☎ +34 952 22 72 00

From 124€ per night
hoteldoncurro.com

BARCELÓ MÁLAGA

📍 Calle Héroe de Sostoa, 2, 29002
☎ +34 952 04 74 94

From 130€ per night
barcelo.com/es/

PETIT PALACE MÁLAGA

📍 Calle Nicasio Calle, 3, 29015
☎ +34 952 22 21 32

From 148€ per night
www.petitpalaceplazamalaga.com

HOTEL IBIS MALAGA CENTRO

📍 Calle Cerrojo, 1, 29007
☎ +34 952 07 07 41

From 56€ per night (shared room)
all.accor.com

EUROSTAR

📍 Calle Héroes de Sostoa, 17, 29002
☎ +34 951 01 01

From 112€ per night
www.eurostarshotels.com

ROOM MATE LARIOS

📍 C/ Marqués de Larios, 2, 29005
☎ +34 952 22 22 00

From 126€ per night
room-matehotels.com

AC HOTEL BY MARRIOTT MALAGA PALACIO

📍 Calle Cortina del Muelle, 1, 29015
☎ +34 952 21 51 85

From 147€ per night
marriott.com

HOTEL MOLINA LARIO

📍 Calle Molina Lario, 20, 29015
☎ +34 952 06 20 02

From 190€ per night
hotelmolinalario.com