



Short Programmes

Informational Guide
2023-2024

Welcome to La Rochelle!

Located on the West coast of France, next to the beautiful island of Ré



La Rochelle is a safe and pleasant city with an exceptional climate.

1st place in the category 'Medium size cities'

2nd in the criteria 'Attractiveness'



Paris 2,5 hrs.

Nantes 1.5 hrs.

Bordeaux 1.5 hrs.



The Short Programmes Experience at Excelia

Join one of our short programmes!

- Courses taught by **specialists** in the field
- Professional experience with **company visits**
- La Rochelle : a touristy and cultural city **committed to sustainable development**
- **Social, cultural activities and networking** with your peers



Our summer programmes

→ Improve your French, discover the culture and make amazing memories!

French Language Culture & Gastronomy or Sports*

2 or 4 weeks

2 weeks - 40h / ECTS: 6

1st - 12th July 2024

4 weeks - 80h / ECTS: 12

1st - 26th July 2024

A2 level minimum*

The program will be run in French and will cover French culture, history, and traditions including :

Gastronomy: practical workshops, cooking classes, cultural visits and conferences. Students will be invited to discover the local terroir, its typical gastronomy and history.

Sports: Practice sea sports and collective sports.

*A recognized test certificate or a sworn statement from a professor must be provided as proof of this minimum requirement



La Rochelle from July 1st to July 26th**4 -week option**

French Language

Culture & Gastronomy

or Sports

*All accommodation costs include booking fees

→ 4 Choices of accommodation

1/5**HOST FAMILY (highly recommended for linguistic and cultural immersion)**

Price 4 weeks: 1100 €

One **individual** bedroom with shared bathroom and toilets.

In a French family, selected by Excelia.

Wifi, bed linen and towels included

Half-board accommodation on week days and full-board on weekends.

No A/C

*Family may have pets. Please let us know about potential allergies.***2/5****Hotel Première Classes - Les Minimes**

Price per person: 1900 €

Individual room, with 1 single bed, individual bedroom with bathroom and toilets.A/C, Wifi, bed linen and towels included
Reception 24/7, no kitchen, no refrigerator

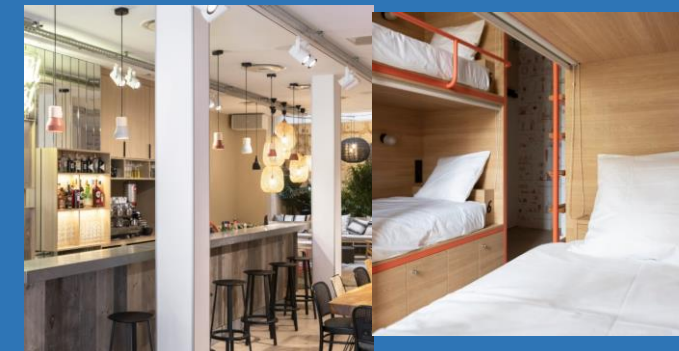
Breakfast included

**3/5****CENTRAL HOSTEL**

Price per person: 1650 €

Shared dormitory, with single beds

Shared bathroom and toilets.

Wifi, bed linen included
Co-working area, A/CReception Monday to Saturday - office hours. Breakfast included

French Language Culture and Gastronomy or Sports

La Rochelle from July 1st to July 26th

4 -week option

*All accommodation costs include booking fees

→ 4 Choices of accommodation

French Language
Culture & Gastronomy
or Sports

3/5

YOUTH HOSTEL

Price per person: 4 weeks 1850 €

Individual room, with private bathroom and toilets.

Wifi, bed linen included
Co-working area, no A/C
No towels included

Reception Monday to Saturday - office hours. Breakfast and diner included



4/5

YOUTH HOSTEL

Price per person: 4 weeks 1500 €

Shared room, with 2 single beds, with private bathroom and toilets.

Wifi, bed linen included
Co-working area, no A/C
No towels included

Reception Monday to Saturday - office hours. Breakfast and diner included



La Rochelle from July 1st to July 12th

2 -week option

*All accommodation costs include booking fees

→ 3 Choices of accommodation

French Language
Culture & Gastronomy
or Sports

1/2

HOST FAMILY (highly recommended for linguistic and cultural immersion)

Price 2 weeks: 550 €

One **individual** bedroom with shared bathroom and toilets.

In a French family, selected by Excelia.

Wifi, bed linen and towels included

Half-board accommodation on week days and full-board on weekends.

No A/C

Family may have pets. Please let us know about potential allergies.

2/2

CENTRAL HOSTEL ❄️

Price per person 2 weeks: 1350 €

Shared room, with 2 single beds, with private bathroom and toilets.

Wifi, bed linen and towels included
Co-working area, A/C

Reception Monday to Saturday - office hours. Breakfast included



Testimonies from our past students:

“Great experience during the summer vacation!”

“I found it really informative, all the professors were excellent, and the opportunity to create both international connections and life-long friendships was invaluable.”

“Would do it again if I could!”

“It was the best summer in my whole life.”

“It was a great course and very practical.”

“It was so helpful for private life, it was modern, I would do it again!”

Nominations & Registration

- Nominations are done via our online platform [WebGaia](#), which must be completed by the partner university coordinator
- Nominated students must complete the registration online. Instructions are sent once the nomination is accepted. The following 4 documents are required:
 - International health insurance coverage
 - *European Health Insurance Card (EHIC/GHIC) - for EU/UK students*
 - *For non-EU/UK students, please upload proof of health coverage for the duration of the programme. You must be protected for repatriation, hospitalization, etc. Make sure that this document has your name on it and is in English.*
 - Academic transcript: official or unofficial
 - Passport/ID
 - CV/resume
- Accommodation is granted on a first come, first served basis. Only accommodation organised by Excelia is permitted.*



For more information?

For all your questions on our short programmes, please contact:

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