

# **GUIDE FOR THE PREPARATION OF THE PREVENTION, PROTECTION AND MONITORING PLAN COVID-19 OF CENTRES OF THE UNIVERSIDAD DE MÁLAGA ACADEMIC YEAR 2020-21**

## **1 INTRODUCTION**

The COVID-19 pandemic has had a major impact on all of society, and especially in the field of education. One of the main measures taken to reducing the development of COVID-19 has been to avoid social interactions, restricting the mobility of citizens, closing down activities that do not and the closure of schools and face-to-face teaching activities in the universities.

There has never been an episode of this dimension at the global level in the field of education. By April 2020, 188 countries had taken steps to implement the closure of educational and learning institutions at national level, whether they are schools, professional institutes or universities. It is estimated that 1.58 billion of students stopped attending school, representing 91.3% of the total students enrolled in the world, a situation without precedent in the history of education.

Universities offer different types of education: Bachelor's, Master's and Doctorate. Degrees obtained after passing these courses have official nature and validity throughout the national territory, have full academic and enable, where appropriate, the performance of regulated professional activities, in accordance with the regulations applicable in each case. Therefore, they have direct implications, not only on the training of people, but also on the access to the labour market, which can have a lifelong impact on the student body, as well as on economy and society as a whole. During these months, the situation created by COVID-19 has led to further progress quickly in certain areas where the educational community had begun to work slowly, such as digitalization and virtual/online education in the completion of the 2019-20 academic year. For the next academic year, on 16 June, the universities signed an agreement between them, the Ministry of Economy, Knowledge, Business and University and the Directorate of Evaluation and Accreditation of the Andalusian Knowledge called "Agreement on common criteria for the adaptation of the university education to the health requirements of the COVID-19 during the 2020-21 academic year" which chooses to maintain the highest percentage possible of face-to-face activity allowed by health restrictions, recognizing the value of attendance at university training.

Therefore, from the health perspective, it is also necessary to develop a strategy that allows for the attendance of activities.

### **1.1 COVID IMPACT ON UNIVERSITY AGE GROUPS.**

According to Report No. 41. Situation of COVID-19 in Spain. Cases diagnosed as of 10 May COVID-19 Report of 27 August 2020 confirmed cases of COVID19 in the 15-29 age group accounted for 24.8% of the total number of confirmed cases. Of these, 1.4% required hospitalisation and only 0.1% were admitted to the ICU and 3 deaths in this age group.

### **PREVENTIVE MEASURES**

All the people who work, research or study at the UMA:

- must know the measures established for COVID-19 at the centre.
- They must comply with the duty of caution and protection with regard to the measures necessary to avoid generating risks of spreading the disease COVID-19, as well as the exposure to that risk itself.

You must sign the COVID-19-UMA declaration of responsibility (DR). For UMA staff and students (link: [www.uma.es](http://www.uma.es) > Login > My details at DUMA > COVID-19 responsible statement (at the end of the "My account" section).

## MEASURES FOR USERS OF THE CENTRE

### 1. The use of hygienic masks is mandatory:

- For all people who access the UMA centres.
- During the whole time you stay in any place of the centre.
- During all the activities carried out at the centre.
- When moving and circulating within the centre.
- It must be used correctly.
- Exceptionally, the obligation to wear a mask will not be required in the following cases:
  - people who present some type of justified illness or respiratory difficulty that may be aggravated by the use of the mask
  - people in whom the use of a mask is contraindicated for duly justified health reasons
  - people in a situation of disability or dependence who cannot remove their mask if they need to.
  - in the cases described the alternative of using a face mask is considered.



### 2. Sufficient masks will be available in the concierge's office of the centres and the use of hygienic equipment will be available to those who may need it.



3. An interpersonal safety distance of at least 1.5 meters will be required.
4. Hydroalcoholic gel will be available at the entrances of the centres.
5. The provision of soap and disposable paper in the toilets will be ensured.
6. The centre will have enough COVID-19 bins or containers with lids pedal operated.

- At the entrance of the same.
- Distributed throughout the common areas of the centre.
- At the user service workstations
- In workplaces that share equipment or work devices that need to be disinfected.
- In other locations as determined by the COVID-19 Team at the centre.
- These will be handled by the centre's managers)
- They will be adequately marked with the corresponding signs. This sign means "deposit here masks, gloves and tissues"



7. *Frequent hand hygiene is the main measure of prevention and control of infection.*

- Frequent hand washing with soap and water or a hydroalcoholic solution is important.
- Try to make each wash last at least 40 seconds.
- It is especially important to wash after coughing or sneezing or after touching potentially contaminated surfaces.



8. *Respiratory hygiene and self-contact:*

- Cover your nose and mouth with a tissue when coughing and sneezing and dispose of it in a COVID-19 bin with an inner bag. If no tissues are available, use the internal part of the elbow so as not to contaminate the hands.
- Avoid touching your eyes, nose or mouth with your hands, as they make it easier to transmission.

9. *The Centres will have information posters on protection, hand hygiene and infection prevention measures that will be replenished when necessary.*



10. These are the entrance (entrada) and exit (salida) signals to the centres.



### MEASURES FOR LIMITING CONTACTS

1. With the measures included in the Plan and the posters placed in the centres, the people who enter the centre will be informed that, in general, a safety interpersonal distance of at least 1.5 metres should be sought in interactions with people in any of the centre's facilities.
  2. Crowds of people will be avoided at the entrances and exits of the centre, stairs, corridors and similar, establishing measures such as the fitting out of various entrances and exits, as well as the establishment of movement flows.
  3. These signs means:
    - A. Distance of two meters between each person
    - B. Follow the arrows
    - C. Walk in single file on your right or nearest the wall
- a Single direction of movement  
 b. Distance of two meters between each person  
 c. Walk in single file on your right or nearest the wall  
 d. Wait until the person with the highest preference has walked down the aisle  
 e. Inside the centre, walk on the right, two metres away from any other person



A                      B                      C



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### 5.3.1 PROCEDURE FOR PEOPLE FROM VULNERABLE GROUPS

#### A) STUDENTS

Students who are in one of the vulnerable groups established by the Ministry of Health (\*14/7/2020-last update) (cardiovascular disease, including hypertension, chronic lung disease, diabetes, chronic renal failure, immunosuppression, cancer under active treatment, chronic liver disease severe, morbid obesity [BMI>40], pregnancy and over 60) can come to the Centre as long as their clinical condition is controlled and allows it, keeping a protection. If students wish to have their vulnerability to COVID 19, they should go to their primary care physician for assessment.

Students may, on a voluntary basis, inform the Vice-Rector's Office for Students (or the corresponding academic authority) of the result of this assessment in case it is necessary to adapt their academic curriculum with regard to attendance.

The Health Service of the Prevention Service will exclusively assess the vulnerability of the University of Málaga's employees. Therefore, it will not assess the vulnerability of students or family members of workers, as this is outside the scope of the UMA Health Service Prevention Service.