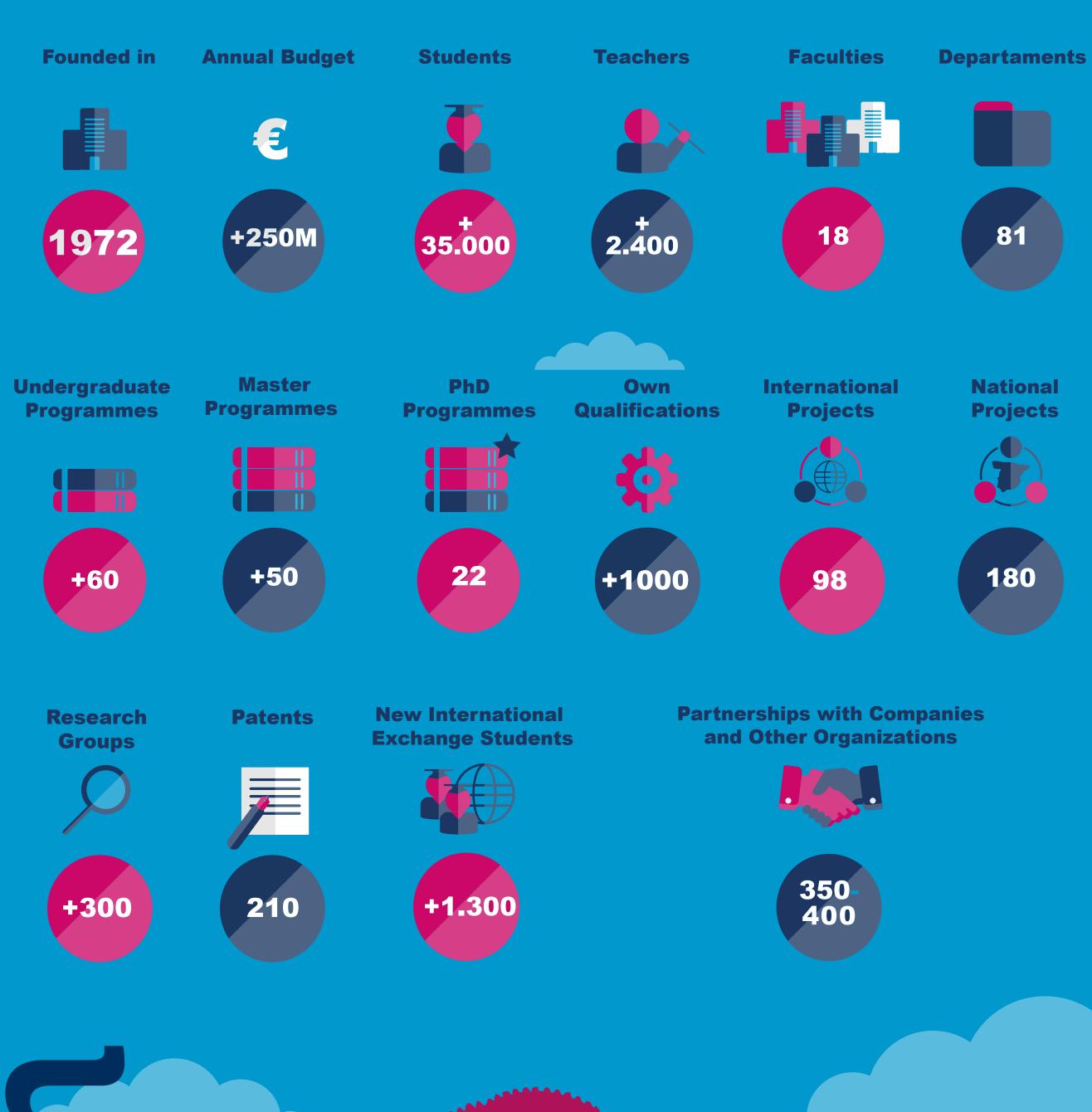


AN INTRODUCTION TO UNIVERSITY OF MALAGA







INTERNATIONAL OFFICE STAFF (MOBILITY PROGRAMMES)

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Miguel Moreno (Program Coordinator)

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STAFF WEEK PROGRAMME

MONDAY - MAY 6TH		
10:00h	Welcome at University's Main Building (University of Malaga Rectorate) UMA presentation	
11:00h	Reception at the Town Hall	
11:30h	Coffee break (University of Malaga Rectorate)	
12:30h	Spanish Language Crash Course (University of Malaga Rectorate)	
14:00h	Lunch – at the roof terrace of Rectorate	
16:00h	Malaga city guided tour	

TUESDAY - MAY 7TH		
9:30h	Meeting point at the International Relations Office	
9:45h	University tour: stops at General Library and Botanic Garden	
11:00h	Trip on metro to: The Green Ray- Link by UMA	
11:30h	Presentation of participants' institutions (Link by UMA)	
13:00h	International food fair (Link by UMA)	



STAFF WEEK PROGRAMME

WEDNESDAY - MAY 8TH	
9:30-14:00h	Specific training at UMA unit

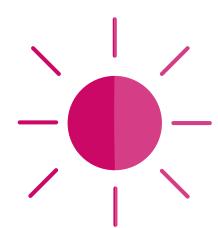
	THURSDAY - MAY 9TH
9:30-14:00h	Specific training at UMA unit
21:00h	Dinner and show: Bodegas El Pimpi Menu 30 euros (at own expenses)

FRIDAY - MAY 10TH			
9:30h	Meeting point at the International Relations Office		
9:45h	Sports Centre tour		
11:00h	Coffee Break (Sport centre) Andalusian Breakfast		
11:30h	Presentation - Cooperation for Development Unit at UMA (International Relations Office)		
12:30h	Conclusions – Evaluation – Documents signing (International Relations Office)		
13:00h	End of the official programme of UMA STT Week 2018 (International Relations Office)		



LIVING IN MALAGA

A city with a rich historic and cultural tradition, Malaga was founded by the Phoenicians around 800 B.C. and later colonized by Iberians, Greeks, Romans, Arabs and Christians. Its privileged position on the shores of the Mediterranean, its mild climate and the friendliness of its inhabitants have all meant that the capital of the Costa del Sol has, throughout its history, sustained excellent trade and cultural relations all over the world. Nowadays, Malaga is a modern, cosmopolitan and welcoming city with over 600,000 inhabitants, which has successfully developed its commercial, industrial and tourist sectors. The climate, the warmth of its inhabitants and the light, all contribute to make Malaga a wonderful place to live in.



Malaga is a mediterranean city with a very mild climate. Winter temperatures very rarely drop below 10°C and in autumn and spring the average temperature is about **20°C**, although evenings can be a lot cooler. Average rainfall for the region is normally quite low



Normal opening hours for small shops from **9.30 a.m. to 1.30 p.m.** and from **5 p.m. to 8.30 p.m.** There are many shopping centers open from 10 a.m. to 10 p.m.Although shops are usually closed on Sundays, there are a number of small grocers and delicatessens which are open in the city center during the weekends.



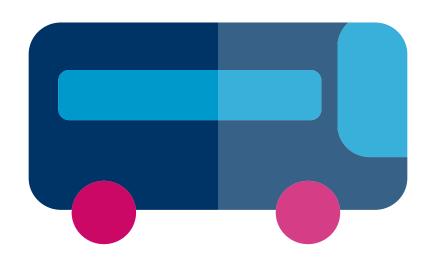
OPENING TIMES POST OFFICE

CITY CENTRE C/ Santa Lucía nº 7	Mon-Fri. 8.30-20.30	Sa 9.30-13.00
TEATINOS Av. Parménides nº 13	Mon-Fri. 8.30-14.30	Sa 9.30-13.00
MALAGUETA C/ del Puerto nº 11	Mon-Fri. 8.30-14.30	Sa 9.30-13.00
TRAIN STATION Explanada de la Estación	Mon-Fri. 8.30-14.30	Sa 9.30-13.00

Stamps can be purchased in post offices and licensed tobacco shops (estancos). You can find further information in: http://www.correos.es/



URBAN TRANSPORT IN MALAGA



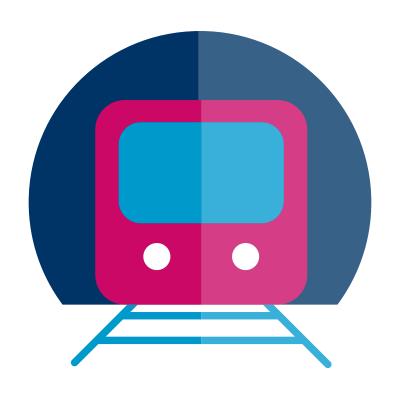
BUS

Route 11 and 8 connects Teatinos-City Center Route L connects Teatinos campus with Campus Extension

Fares

SINGLE TICKET	1,30 €
AIRPORT TICKET	3,00€
MULTITRAVEL CARD* (10 TRIPS)	8,30€

^{*}The cards are bought at licensed tobacco shops (Estanco in Spanish) and kiosks throughout the city.



SUBWAY/TRAM

L1 Andalucía Tech-El Perchel

Through Teatinos campus to central bus and train stations (Vialia-El Perchel).

L2 Palacio de los Deportes-El Perchel Connects a large area of the city

Fares

REGULAR TICKET	1,35 €	
CASH CARD	0,82€	
CASH CARD (PARTNERSHIP)	0,82€ + Bus 0, 65 €	

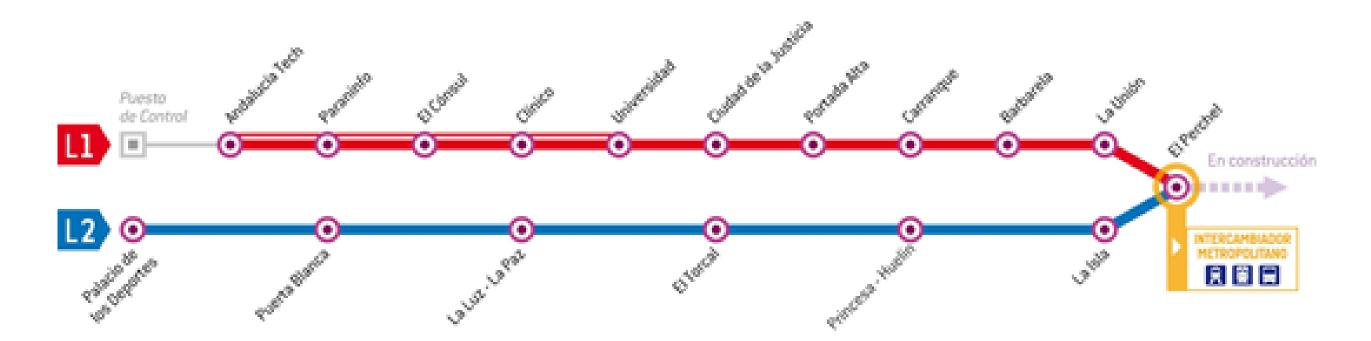
For further information visit http://metromalaga.es

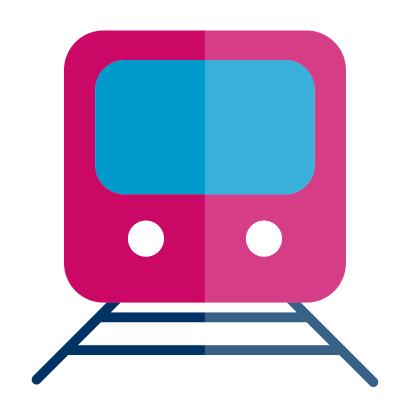
+34 902 112 223

info@metromalaga.es

9th Edition of the University of Malaga ERASMUS+ Staff Training Week May 6th-10th, 2019

SUBWAY MAP





SHORT DISTANCE TRAINS: CERCANÍAS

Malaga is connected to towns along la Costa del Sol and el Valle del Guadalhorce through the network of short distance trains: *Cercanías.*

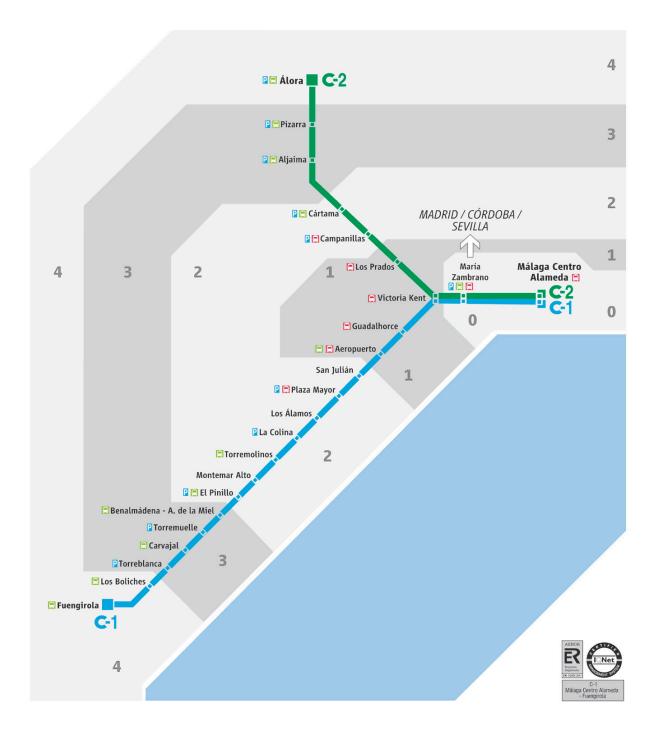
Lines

The network consists in two lines:

C-1 Malaga – Airport – Fuengirola

C-2 Malaga – Álora

TICKETS	1/2 ZONES	3 ZONES	4 ZONES	5 ZONES
Single Ticket	1,80€	2,05€	2,70€	3,60€
Bonotren (10 journeys)	11,95€	13,85€	18,70€	25,05€



You can find further information (in Spanish) in http://www.renfe.com/viajeros/cercanias/ malaga/





OUR CULTURE

FESTIVITIES

Several festivities are held in Malaga every year. The most famous and meaningful ones are Feria de Agosto (August Fair) and Semana Santa (Eastern Holy Week). However, there are other dates in which the city will be decked out and full of people: Fiestas de San Juan, fiesta de la Virgen del Carmen, Carnaval and fairs.

GASTRONOMY

Andalusian gastronomy is based on the **Mediterranean diet**: local and fresh ingredients such as vegetables, fruit, fish and olive oil. Our cuisine and our culture in general, is the result of a convergence of cultures. Romans, Arabs, Greeks, Phoenicians and Visigoths, all contributed to the history of the Andalusian gastronomy.

Tapas are small appetizers, which are served in bars and restaurants throughout Spain. Sometimes the price includes a drink. You can eat tapas that consist in a small portion of any type of meal. You can actually have a full meal with tapas!

Meals are served late in the evening compared with the rest of Europe: breakfast is normally eaten between **7.30 a.m. and 10.30 a.m.** Lunch is served from **2 p.m. to 4 p.m.** and dinner from **8.00 p.m. and 11 p.m.** However, most of restaurants adapt their times to the European norms and will serve food earlier.

ENTERTAIMENT AND LEISURE

Picasso's hometown is more and more recognized as an important cultural destination. The capital city of La Costa del Sol offers a wide variety of museums and exhibitions as well as theatres and halls. You should not miss the opportunity to get into our history and customs, our learning about the finest international art.

WEEKEND FUN

Malaga has an exciting and varied nightlife. While the city center's shops close, numerous bars offer foreigners the chance to get to know the locals.









USEFUL INFORMATION

EMERGENCY PHONE NUMBERS

Local Police Department: **092**National Police Department: **091**Urgent Medical Assistance: **061**

All Emergencies: 112

Firefighter: 080

USEFUL LINKS

Malaga City Council: http://www.malaga.eu
Map of the City A to Z: http://sig.malaga.eu/guia/

Consulates: http://www.malagaturismo.com/es/secciones/consulados/27

City Buses company-EMT: http://www.emtmalaga.es

Airport: http://www.aena.es
Train: http://www.renfe.es

Underground: https://metromalaga.es/

Malaga Tourist Office

Plaza de la Marina, 11 29015 Malaga

+ 34 951 926 020 Fax: 951 926 620

info@malagaturismo.com

http://www.malagaturismo.com/

Malaga Tourist Office **T3 Arrivals**

+34 951 294 003

otaemalaga@andalucia.org

Foreign Tourist Attention Service

Calle Pasaje de Chinitas, 4 29015 Malaga

+34 951 308 911/951 308 913

Fax: 951 308 912

otmalaga@andalucia.org

Lost Property Office

Pje. la Trini, 15, 29012 Málaga

+34 951 92 61 11



ACCOMMODATION

ALCAZABA PREMIUM HOSTEL

Calle Alcazabilla, 12, 29015

+34 952 22 98 78

From 31€ per night (shared room)

alcazabapremiumhostel.com

HOTEL IBIS MÁLAGA CENTRO

Calle Cerrojo, 1, 29007

+34 952 07 07 41

From 56€ per night

accorhotels.com/es/hotel-5585-ibis-malaga-

centro-ciudad/index.shtml

ATARAZANAS MÁLAGA BOUTIQUE HOTEL

Calle Atarazanas, 19, 29005

+34 952 12 19 10

From 82€ per night (standar room)

hotel-atarazanas-malaga.com/en/

SERCOTEL

Calle Héroes de Sostoa, 17, 29002

+34 951 01 01

From 112€ per night

sercotelhoteles.com/bookcore/availability/

rooms/sercopuertamalaga/

HOTEL DON CURRO

Calle Sancha de Lara, 9, 29015

+34 952 22 72 00

From 124€ per night

hoteldoncurro.com

ROOM MATE LARIOS

Calle Marqués de Larios, 2, 29005

+34 952 22 22 00

From 126€ per night

room-matehotels.com

BARCELÓ MÁLAGA

Calle Héroe de Sostoa, 2, 29002

+34 952 04 74 94

From 130€ per night

barcelo.com/es/barcelo-hotels/hoteles/espana/

andalucia/malaga/barcelo-malaga/

AC HOTEL BY MARRIOTT MALAGA PALACIO

Calle Cortina del Muelle, 1, 29015

+34 952 21 51 85

From 147€ per night

marriott.com

PETIT PALACE MÁLAGA

Calle Nicasio Calle, 3, 29015

+34 952 22 21 32

From 148€ per night

petitpalaceplazamalaga.com

HOTEL MOLINA LARIO

Calle Molina Lario, 20, 29015

+34 952 06 20 02

From 190€ per night

hotelmolinalario.com

CONTACT

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UMA.ES