



UNIVERSITY OF
CALGARY

Welcome Centre

Yamnuska Hall, Room YA S005
2500 University Drive NW
Calgary, AB, Canada T2N 1N4
ucalgary.ca/welcomecentre/

New-to-Calgary Student Checklist

This is a guide for new-to-Calgary Canadian or PR students moving from within Canada. International students should refer to the "International Student Checklist" handout.

Once you have arrived

Accommodation: Read about housing options on and off campus <https://www.ucalgary.ca/student-services/welcome-centre> and visit the Welcome Centre (in Yamnuska Hall, [YA S005](#)) with any questions!

- ☐ Connect with us on Facebook <https://www.facebook.com/UCalgaryWelcomeCentre> and view the Welcome Center Blog <https://ucalgarywelcomecentre-blog.tumblr.com/> *
- ☐ **IT Account:** Register for a UCalgary IT account, so that you will be able to access services on campus, including my UofC (student portal), Wi-Fi, email, and more <https://itregport.ucalgary.ca/>
- ☐ **Newsletter:** Sign-up for newsletters for different offices across campus that may interest you!
- ☐ **Contact Information:** Update your new address and phone number in your MyUofC account
- ☐ **ID card:** Pick up your UNICARD (student ID card) from the Unicard Office in the Dining Centre ([DC 18](#)) www.ucalgary.ca/unicard/
- ☐ **U-PASS:** pick up your UPASS (transit pass) from the UPASS Office in Science B, Room 140B: www.ucalgary.ca/unicard/upass/upass-hours-and-locations
- ☐ **Explore campus:** find your classes and refer to the online interactive map as needed: <http://ucmapspro.ucalgary.ca/RoomFinder/>
- ☐ **Textbooks:** Find out what you might need either at the UCalgary Bookstore (www.calgarybookstore.ca) or Bound & Copied (Students' Union used bookstore) www.su.ucalgary.ca/programs-services/student-services/bound-copied/

Do you know where to access resources on campus?

- ☐ **Welcome Centre** ([YA S005](#)): www.ucalgary.ca/welcomecentre
- ☐ **Wellness Centre** ([MSC 370](#)) www.ucalgary.ca/wellnesscentre/
- ☐ **Active Living** (gym, pool, intramurals, fitness classes) www.ucalgary.ca/activeliving/
Activate your free \$25 credit www.ucalgary.ca/activeliving/memberships/uofc-student-credit
- ☐ **Library** locations <http://library.ucalgary.ca/>
- ☐ **Student Success Centre- 3rd floor TFDL** (writing support, math support, and one-on-one appointments with Academic Development Specialist) www.ucalgary.ca/ssc/
- ☐ **Career Services** ([MSC 188](#)) www.ucalgary.ca/careers/



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Are you a Graduate student?

- ☐ **Orientation:** Register for the Graduate Orientation Tuesday, September 3rd. For more information: <https://www.ucalgary.ca/student-services/orientation/graduate-students>
- ☐ **Health Insurance:** Are you registered for provincial health insurance (Alberta Health Care Insurance Plan)? If you moved from another province, learn more about updating your coverage: www.health.alberta.ca/health-care-insurance-plan.html
- ☐ **Graduate Students' Association:** <https://gsa.ucalgary.ca/>
 - ☐ Ensure you are registered in the GSA Supplemental Health and Dental Plan & learn more about what is covered <https://gsa.ucalgary.ca/health-dental-services/>
- ☐ **Faculty of Graduate Studies:** Learn about the academic and support including the Academic Specialist advisors and My GradSkills Workshops www.grad.ucalgary.ca/current/student-services

Are you an Undergraduate student?

- ☐ **Orientation:** Register for the Undergraduate Orientation Tuesday, September 3rd & 4th. For more information: <https://www.ucalgary.ca/student-services/orientation>
- ☐ **Health Insurance:** Are you registered for provincial health insurance (Alberta Health Care Insurance Plan)? If you moved from another province, learn more about updating your coverage: www.health.alberta.ca/health-care-insurance-plan.html
- ☐ **Students' Union:** www.su.ucalgary.ca/
 - ☐ Ensure you are registered in the SU Supplemental Health and Dental Plan & learn more about what is covered www.su.ucalgary.ca/programs-services/student-services/health-dental/
- ☐ **Academic Advisors:** Know where to contact your advisor www.ucalgary.ca/registrar/registration/advising

Are you visiting student (from another institution in Canada)?

- ☐ **Orientation:** Register for either the undergraduate or graduate orientations (see above) depending on your level of study
- ☐ **Health Insurance:** Do you have medical insurance that will cover you while in Alberta?
<https://www.ucalgary.ca/student-services/welcome-centre/your-first-week/medical-insurance>