



ECUADOR  
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**SEK**  
SER MEJORES



## UISEK-Summer School 2023

*Sustainable Development: a comprehensive vision*

### **Ecuador**

#### ***A small and beautiful country***

*Ecuador straddles the equator on the Pacific coast of South America, and is bordered by Colombia to the north and Peru to the south and east. The country can be divided into four regions: The Andes form the backbone of Ecuador; the coastal lowlands lie west of the mountains; and the Amazon Region, to the east, comprises the jungles of the upper Amazon Basin.*

*In only 200km as the condor flies, you can climb from the coast to snowcaps and then descend to the jungle on the country's eastern side. The Galápagos Islands lie on the equator, 1000km west of Ecuador's coast, and constitute one of the country's 24 provinces.*

**Language Spoken:** Spanish

**Ecuador time** (GMT/UTC minus five hours),  
**Galápagos Islands time** (GMT/UTC minus six hours)



### **Quito**

*Is the Ecuador's capital, is a city where the colonial nuances of its historical zone contrast with its modern buildings of the current era. The culture of its miscegenation helped it become, in 1978, the 1st city classified as a Cultural Heritage of Humanity, which has the colonial architecture zone with the largest perimeter in Latin America.*

*Quito is only the beginning of a magical adventure. From the capital you can travel and meet the 4 worlds that Ecuador offers to you.*



*Beaches on the coast, the mountains in the highlands, the biodiversity of the Amazon and the enchanted Galapagos Islands are waiting for you with open arms. Here you will learn to love life.*

### **Limoncocha**

*UISEK has a spectacular Scientific Station in the heart of the Ecuadorian Amazon which offers accommodation facilities, food, laboratory area, internet, water and land mobilization for researchers, collaborators and students.*

*Immersed within the Limoncocha Biological Reserve and next to the Laguna of the same name, high-level research is carried out as well as community actions for the benefit of the indigenous Kitchwa population.*

*The origin of Limoncocha lagoon is due to a relatively frequent phenomenon in the Amazon basin. Many rivers, especially those of medium size with good current flow, overflow during rainy season and flood the banks and adjacent areas. When rains decline, the water recedes until the next rainy season.*

*Possibly what happened in this area was that Napo River flooded the plain terrains, and the water remained on what today is the lagoon, nevertheless there is a strong theory that proposes the existence of an aquifer that feeds the lagoon, since during dry season the lagoon remains with water, contrary to what happens with other Amazon lagoons.*



#### **The main objective of our program**

To bring together students and teachers from the UISEK community and its international partner universities to live an experience of academic and cultural exchange, in which the challenges and trends of sustainable development are addressed from different realities and perspectives.

At the end of the program, participants will have identified their relationship and commitments to the Sustainable Development Goals in a more inclusive global context and according to its academic/professional background.



## Itinerary

Program dates: May 7<sup>th</sup> – 19<sup>th</sup>, 2023



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Place/ Campus		Miguel de Cervantes	Colonial Downtown	Felipe Segovia	Limoncocha	Limoncocha	Limoncocha	Limoncocha	Juan Montalvo	Cayambe/Otavallo	Juan Montalvo	Felipe Segovia	
Day/Time	sun 7	mon 8	tue 9	wed 10	thu 11	fri 12	sat 13	sun 14	mon 15	tue 16	wed 17	thu 18	fri 19
4h30-6h30								"Biodiversidad" Avistamiento de aves					
7h30-8h15	<b>BREAKFASTS</b>												
9h00 - 10h00	ARRIVAL TO QUITO / Transfers	Welcome session, orientation and introduction to Ecuador	"History of Ecuador" visiting the colonial downtown	Hands on at the organic farm "Chaupi Molino"	Visit to Jumandy caverns	"Community features": Visiting the community and the Shaman	Visit to the market and the waterfalls	Transfer to Quito	Connecting the ODS with my profession	"Community development and natural and cultural resources" Visiting Cayambe and Otavallo	Sustainable companies and cocoa tasting at PACARI	Plenary and evaluation of the program	DEPARTURES / Transfers
10h00 - 11h00													
11h00 - 12h00													
12h00 - 1300													
13h00 - 14h00	ARRIVAL TO QUITO / Transfers	"Geography of Ecuador" visiting Mitad del Mundo and the Pululahua volcano	Visit to colonial churches and museums	Visit to Papallacta/Tena	Transfer to Limoncocha	Plenary about the community	The importance of protecting natural resources, analysis of my carbon footprint	International picnic at Guápulo's park	Visit to the Roses farm and the Indian Market	Workshop: sustainable practices in my country	Free time	DEPARTURES / Transfers	
14h00 - 15h00													
15h00 - 16h00													
16h00 - 17h00													
19h30 >>	ARRIVAL TO QUITO / Transfers	"Geography of Ecuador" visiting Mitad del Mundo and the Pululahua volcano	Visit to colonial churches and museums	CENAS			Avistamiento de caimanes	Gastronomía local (Maito)	Workshop "actions from my profession"	Visit to the Roses farm and the Indian Market	Workshop: sustainable practices in my country	Free time	DEPARTURES / Transfers
17h00 - 18h00													
18h00 - 19h00													
19h00 - 19h30													



**Activities classification:**

Arrivals and departures
Food included in the program
Own food, transfers and free time
Walking classes/Hands on
Welcome session, orientation, lectures, workshops
Complementary integration activity

\*\*\* All participants must responsibly comply with the program itinerary, attending punctually and ensuring individual and group well-being.

**Total hours: 60**

At the end of the program, all participants will receive a certificate of participation issued by the UISEK.