

ACTIVITY

UNIVERSITY OF MÁLAGA 2018-2019



UNIVERSIDAD
DE MÁLAGA

Vicerrectorado de Cultura y Deporte

Dirección de Deporte Universitario

University
Sport

PROGRAM

BODYFITNESS	
Mon-Wed	14:30-15:30 21:00-22:00
Tue-Thu	19:00-20:00
Student Fees (UMA) / Per month	
15,00€	

AEROBOX	
Mon-Wed	20:00-21:00
Tue-thu	14:30-15:30
Student Fees (UMA) / Per month	
15,00€	

GAP	
Mon-Wed	15:30-16:15 20:15-21:00
Tue-Thu	15:30-16:15
Student Fees (UMA) / Per month	
15,00€	

PILATES	
Mon-Wed	9:30-10:30 16:30-17:30 17:30-18:30 18:30-19:30
Tue-Thu	15:00-16:00 17.30-18.30
Student Fees (UMA) / Per month	
20,00€	

LATIN DANCES	
Tue-Thu	20:00-21:00 (AVANZADO) 21:00-22:00 (INICIACIÓN)
Student Fees (UMA) / Per month	
20,00€	

STEP	
Tue-Thu	21:00-22:00
Student Fees (UMA) / Per month	
15,00€	

AERODANCE

Tue-Thu	20:00-21:00
Student Fees (UMA) / Per month	
15,00€	

STREET DANCE
(FUNKY, HIP-HOP, DANCE)

Mon-Wed	19:00-20:00
Student Fees (UMA) / Per month	
15,00€	

CYCLING INDOOR

Mon-Wed	14:30-15:30
	20:00-21:00
	21:00-22:00
Tue-Thu	18:30-19:30
Student Fees (UMA) / Per month	
20,00€	

LOW INTENSITY ZUMBA

Fri	10.30-11.30
Student Fees (UMA) / Per month	
8,70€	

ZUMBA

Mon-Wed	10.30-11.30
	18:00-19:00
Tue-Thu	18.30-19.30
Student Fees (UMA) / Per month	
15,00€	

POWER BIKE

Mon-Wed	16:00-17:00
	19:00-20:00
Tue-Thu	19:30-20:30
Student Fees (UMA) / Per month	
20,00€	

AIKIDO

Mon-Wed	19:30-21:30
Student Fees (UMA) / Per month	
15,00€	

JUDO

Tue-Thu	20:00-21:00
Student Fees (UMA) / Per month	
15,00€	

RUNNING UMA CLUB

Tue-Thu	19.00-20.30
Student Fees (UMA) / Per month	
15,00€	

VOLLEYBALL

Tue-Thu	20.00-21.00
Student Fees (UMA) / Per month	
15,00€	

**CUSTOMIZED TRAINING IN
CARDIOVASCULAR ROOM**

(COMPULSORY MEDICAL QUESTIONNAIRE)

CHOOSE 2 DAYS CHOOSE 3 DAYS	8:00-15:30
Student Fees (UMA) / Per month	
CHOOSE 2 DAYS	15,50€
CHOOSE 3 DAYS	22,50€

CHOOSE 2 DAYS CHOOSE 3 DAYS CHOOSE 5 DAYS	15:30-22:30
Student Fees (UMA) / Per month	
CHOOSE 2 DAYS	17,50€
CHOOSE 3 DAYS	26,50€
CHOOSE 5 DAYS	32,50€

PADEL SCHOOL

Mon-Wed	16:00-17:00
Mon-Wed	17:00-18:00 18:00-19:00 19:00-20:00 20:00-21:00 21:00-22:00
Tue-Thu	17:00-18:00 18:00-19:00 19:00-20:00
V	17:00-18:00 18:00-19:00 19:00-20:00
Student Fees (UMA) / Per month	
CHOOSE 1 DAY	22,76€
CHOOSE 2 DAYS	28,00€

FUNCTIONAL TRAINING

Tue-Thu	11:30-12:30 17:30-18:30 21:00-22:00
Mon-Wed-Fri	17:30-18:30 19.30-20.30
Student Fees (UMA) / Per month	
CHOOSE 2 DAYS	18,00€
CHOOSE 3 DAYS	25,00€

MORNING SUPER-PASS

<small>CARDIOVASCULAR ROOM+ ATHLETICS TRACK-RACE TRACK +ACTIVITIES (08:00 to 15:30 hours.)</small>	
Mon-Fri	8:00-15:30
Student Fees (UMA) / Per month	
28,00€	

MULTISPORT TICKETS for a single session

Aerobic
Fitness
Street Dance
Aerodance
Aerobox

Bodyfitness
Gap
Step
Zumba (morning groups and
Monday-Wednesday (afternoon))

2,50€ (Student Fees (UMA) /
Per month)

The Sports Card of University of Malaga is essential for doing any sports activity in our sports spaces. The card is valid for the whole course and it costs 10€. Furthermore, the card let you book sports facilities and tracks.

Please don't hesitate to get in touch with us at deportes@uma.es if you have any questions.